

# THE BADGER BEACON

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# Champs canceled due to 'Safer At Home' order

Due to the April 16 extension of the "Safer At Home" order from Wisconsin Gov. Tony Evers, the Badger Region Volleyball Association is canceling the 2020 Badger Region Championships.

The new date of the annual tournament had been set for May 30-31 at the Wisconsin Center in downtown Milwaukee. However, the new "Safer At Home" order goes through May 26 (Memorial Day), which does not give athletes, coaches and other personnel enough time to properly prepare



for the two-day tournament. Also, we aren't able to know far enough in advance what kinds of social distancing measures would be in place to safely hold an event of that size.

junior volleyball

recruiting association

We had looked forward to giving our members an amazing end-of-year tournament, and we are so saddened we had to make this decision for 2020.

In conjunction with the Badger Region Championships, we had hoped to run the Badger Region High Performance tryouts. No decision has been made at this time regarding how we will handle HP tryouts for the 2020 camps and competition. More information will be forthcoming about HP in the near future.

In the meantime, we are already planning ahead for next season and bringing back our Championships, Qualifier, Dale Rohde Memorial Tournament, Adult Tournaments, Power League, Badger Boys Series, clinics and other awesome events that got canceled due to the COVID-19 pandemic. We are also looking forward to another great Badger Region Youth Fall Volleyball League and other programming this summer and fall, once we are given the all-clear.

## Badger Region, partners host pair of successful webinars

# JVRA, college coaches provide direction, motivation in first Badger Region webinar

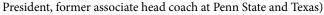
Coaches and club directors were privy to a wealth of collegiate coaching knowledge when the Badger Region hosted its first online college coaches panel with the Junior Volleyball Recruiting Association on April 9.

The free webinar was exclusive to junior club personnel only and allowed a panel of nine college coaches and two moderators to offer their input on the topic of "Current State of Volleyball Recruiting – What You Can be Doing Now."

Participants included:

\* Patty Costlow (JVRA Executive Director, Munciana Volleyball Club Recruiting Coordinator)

\* Salima Rockwell (JVRA



- Aaron Benning (University of Georgia)
- Craig Dyer (Creighton University)
- Dan Friend (Lewis University)
- $\bullet \ Erin \ Higgins \ (De Paul \ University)$
- Laura Kasey (University of Minnesota)
- Jenny Mauer (University of Central Florida)
- Ashlee Pritchard (Marian University, Indianapolis)
- Rashinda Reed (University of Illinois)
- Erik Sullivan (University of Texas)

#### Variety of topics

Costlow and Rockwell led the discussion and bounced around between

# Badger Region/AVCA partnership helps viewers sort through college opportunities

How rigorous are the training and competition schedule at the various levels of college volleyball? What is the right amount of film that athletes should send a prospective coach? What is one thing

coaches are looking for not related to skill or athleticism?

Those are just some of the questions that the Badger Region/AVCA college panel dug into on Tuesday, April 14, as part of a College Coach Panel.

The free, online webinar was part of the Badger Region/AVCA partnership that began in the fall of 2018.

The coaches who took part in the hourlong session included:

- Women's Div. 1: Susan Halverson (Former Associate Head Coach at Ohio State University)
- Women's Div. 2: Wayne Chadwick (Former Head Coach at Bemidji State University)
- Women's Div. 3: John Ellmann (Head Women's Coach at the University of Wisconsin-Oshkosh)
- Junior College: Heather Curley (Head Women's and Beach Coach at Bryant & Stratton College)
- Men's: JW Kieckhefer (Head Men's Coach at Carthage College and former assistant coach at Div. 1/2 Purdue-Fort Wayne University)

One of the most insightful discussions came when the group dove into video submissions – something athletes stuck at home right now



# Our new normal — at least for now

By Josh Price At-Large Board Rep

As I began to think about composing this piece, a vast number of different topics and subjects flooded into my head.

I really think that club volleyball is fantastic! It has brought me countless amazing experiences and memories. It has allowed me to create and build relationships with some of the best people I have ever met. I get to work on and off the court to help student athletes learn to be better players and people.

As a parent, club volleyball lets me watch my sons compete in something they really enjoy. I am all in on club volleyball. It is one of my passions.

I do have other interests, more on that later, but it is a huge part of my personal life, my career, and just about everything I do. So, just like almost all of you who are reading this, I am deeply saddened that this pandemic has taken away something that I love.

Youth sports is just one piece to this that is affecting everyone on some level. So as much as I wanted to write about club volleyball or something related to it, I just could not do it. During this trying, chaotic, hectic, confusing, and constantly changing time, it did not seem to be logical.

I know some of us may be worrying about how the rest of this season will play out, specific uniform requirements, what next years tryouts will bring, how to handle postponed or cancelled tournaments, refunds, etc.; but for now I wanted to dive into a component that many of us are having to deal with as we spend a great deal of time at home with our families.

I then decided, with their permission, to let everyone get a glimpse into how my family is dealing with the "Safer at Home" order. I am not doing this to be preachy and brag, or say we are doing it better than anyone else. Trust me, we are not.

I wanted to share our experiences to help everyone know that what they are going through no matter how tough, is something we are all

## I wanted to share our experiences to help everyone know that what they are going through no matter how tough, is something we are all having to deal with.

having to deal with. My hope is we can have empathy and compassion for each other and together make it all the way to the end of this pandemic. My family does have a volleyball heavy influence on our lives though, as I mentioned above, which makes it relatable to many of you who are reading this.

A little personal background for those of you who do not know who I am. I work full time as one of the Directors for Juniors Volleyball Clubs (JVC) and coach for Wisconsin Juniors. My wife, Casey, is also a full-time director at JVC and coaches at WJV as well. We have two sons; Jackson will be 13 years old in May and is in seventh grade, and Max is 11 years old and in fifth grade. They both play club volleyball. Jackson played at Southport this season, and Max at Wisconsin Juniors.

Casey and I work from home on most days, so for us that has not really been much of a change. What we are working on as directors of the club has surely changed. Instead of preparing for practices and tournaments we have been busy answering questions from players, parents, and coaches about what we are going to do moving forward. Emailing with people from Juniors as well as other clubs about what everyone is doing.

I have been on countless phone calls and conference calls discussing topics, I never thought would be being broached. Be honest, how many of you knew what Zoom was a month ago? I did not. I have utilized it with my family members, co-workers, friends, the teams I coach, etc. Being able to see and talk to these groups of people that I normally encounter so often in day to day life has been a great way to

deal with some of the problems this pandemic has created. As much as I miss going to practice, not having to plan or physically attend practice has afforded me some much-needed free time. I have been able to spend a lot of this time educating myself about the best ways to deal with issues that we are all experiencing given the situation. This time has also allowed me to take advantage of several online learning opportunities. Videos about coaching and volleyball drills that I would under normal circumstances not had the time or energy to watch are now something that I can really take advantage of viewing and try to keep improving as a coach and

At home projects and yardwork that usually are ignored at our house, have now taken center stage. Our backyard looks amazingly clean for early spring, and televisions and new towel racks are now mounted on the wall instead of sitting in boxes. It has been trying at times for me and Casey to do some of these things together, but YouTube has some great do-it-yourself videos.

So now instead of waking in the morning and sending the boys off to school, we get them up and get them ready for their school day at home with us and prepare them for some online learning. We knew that their teachers at Trevor-Wilmot School were great, but they have been extra special during this time. Working with the kids to utilize the online resources they have and keeping in close touch with them has been great. There are challenges, and we have good and bad days as far as getting work completed and making it through the day without one or more of us having a complete meltdown.

Helping with schoolwork can be difficult but if the parents and kids have an open mind and are willing to cooperate, then nothing should be too difficult. Overall, though, it has been good.

The thing that has helped our house the most is having a set schedule. We made it the first week and posted it in our kitchen. OK, Casey made it, but the boys and I helped. We have varied from it occasionally, but for the most part we have stuck to it. There is time set aside for schoolwork/work, chores around the house, working out/physical activity, family time, free time, dinner prep, and mealtime.

We have tried to have dinner (or at least one meal) together as a family that we make together and eat together with no distractions. This is a perfect time to discuss the day and any thoughts and feelings that anyone has. We have spent some time doing puzzles together, walking outside when the weather is nice, playing volleyball and baseball, anything to take our mind off the situation and the work that we must do helps immensely.

A couple of tips and thoughts that have materialized during this are centered around family, togetherness, and communication. We are all stuck in this together, and there is a level of uncertainty in all our lives. In order to keep motivated it seems helpful to know that everyone is going through this together. Talk about it. Ask each other what you are feeling and thinking. Ask each other what you miss the most and discuss it. It is OK to be upset, but you need not dwell upon it, because at some point this will end. Instead of looking at this as a problem, view it as an opportunity.

I have a chance to spend more time on those projects around the house, Casey can take some time to learn how to use her new camera, Jackson can focus on improving his math grade, and Max can bump up the number of squats and push ups he is able to do. See it as an opportunity to spend more time with your family. I love my family and enjoy spending time with them, and sometimes am not able to as much as I want. They may not

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#### PREP DIG, From Page 1

topics that ranged from how to keep your athletes engaged, what a recruiting coordinator at a club should be doing right now, what to tell athletes now that many big events are canceled, what's going on with summer camps and much more.

Themes that kept re-appearing throughout the evening included practicing patience, finding unique ways to train remotely and staying in communication.

University of Minnesota women's assistant coach Laura Kasey said, "Patience can't be emphasized enough. There is no urgency in the recruiting process unless you are a 2020. And the virtual visits with the 2020s are going well. If you are 2021, you have time to do in-person at a later time. And if you are a 2022 ... chill."

Lewis University men's head coach Dan Friend, the only current men's coach on the panel, described how he is emphasizing dialogue with current and prospective athletes during this time.

"With all boys volleyball getting interrupted at the club, high school and college level, it's been a trying time," Friend said. "Ultimately it has resulted in lots of communication. We're trying to keep dialogue open. We're creating dialogue with club coaches, and (athletes are) showing us video. It's really about getting a more intimate relationships with the coaches who might be interested in your athletes."

University of Central Florida associate women's head coach Jenny Maurer is giving athletes some new tasks to keep them engaged.

"We're giving them some video, pausing the film and asking them what is going to happen next," Maurer said. "It helps them to see the game differently."

Aaron Benning, a former club director and now University of

#### Words of encouragement

If you had one word of encouragement to give to the club volleyball community with all of these unknowns, what would it be? That is the question that was asked by the moderators of the Junior Volleyball Recruiting Association's coaches panel held April 9.

Here are what the coaches on the panel had to say:

Erik Sullivan (University of Texas): Positivity. It's easy to get overwhelmed with all the news. Enjoy the family time.

Ashlee Pritchard (Marian University, Indianapolis): Spending more time with family. Being able to take a step back and really figure out what is needed for the athletes and family.

Craig Dyer (Creighton University): Perspective. It's unprecedented times. And it's easy to lose time of what it's important.

Laura Kasey (University of Minnesota): Empathy for the financial stuff because it's real. But the thing that is bigger is the relationships and you can build those every day.

Dan Friend (Lewis University): Creativity. You can find different and great ways to teach your kids. I've done more Zoom calls in the last week than I have my entire life.

Aaron Benning (University of Georgia): I get the fear, frustration and disappointment – there's still going to be demand and it's not going away. Look at the opportunities this gives you. You switch your models, you look at new ways to run tournaments, sign up for tournaments, and just be more free-thinking.

**Erin Higgins (DePaul University):** Balance. We're all human and we're feeling a ton of different emotions. We just need to figure it out day by day.

Rashinda Reed (University of Illinois): Re-connecting. We're always go-go-go, it's great to sit down and reflect and be present. I value these meaningful relationships. We're all going through this together. Some days will be harder than others.

**Jenny Mauer (University of Central Florida):** Evaluate or re-evaluate yourselves at this time. Embracing the unknown. Have the growth mindset and risk having success during these times.

Georgia assistant women's coach, put a the current conditions into perspective in a way that many of the other coaches on the panel agreed with.

"Don't let life dictate the terms of your work ethic," he said. "Stay true to who you are and be a responsible leader."

# JVRA/Badger Region partnership

"I thought the Badger Region Recruiting Webinar for coaches and directors, organized by JVRA, was a great way to demonstrate our partnership with them and the type of knowledge and access we want our members to have," said Badger Region executive director/commissioner Jennifer Armson-Dyer. "The wide range of coaching talent that was on the call - from expertise to knowledge to division level - was excellent. This partnership is really going to allow those clubs serious about helping their athletes in the recruiting game excel, which is a great service to our membership."

The JVRA is not a recruiting service, but rather a nonprofit organization dedicated to offering a multitude of resources and edu-

cation to empower clubs and their personnel in the recruiting process, including but not limited to:

- Recruiting resources and tools to assist and advise their athletes and families
  - Professional resources
- Educational programming, including "Empowering Your Club" a leadership development series
  - Building strategic relationship
- Quality advisory opportunities designed to inform, equip and empower club personnel
- Educational resources at the Club and High School levels
- Advisory opportunities for college coaches at all levels to improve the club/college coach connections and build educational resources for prospective student-athletes

A club who becomes a member of JVRA has incredible resources at their fingertips, from both a personnel and information standpoint. Clubs will have access to recruiting program resources, finances, technology and partnerships, staff training, athletic association legislation, calendar, rules and links and also a college needs database.

Membership price is based on the number of teams a club has, and each club membership comes with an on-site training for club personnel done by JVRA personnel. Badger Region clubs will receive a 10% discount on a 12-month JVRA membership.

#### Additional notes

According to numbers that appeared on the moderators' screens, close to 50 coaches and directors participated in the 75-minute webinar throughout the evening. Other club personnel have also requested access to the recorded version of the webinar.

Parents and athletes were not able to participate in the webinar due to NCAA recruiting rules.

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feel the same way all the time, but I think this time has allowed us to learn even more about each other. That is where the communication factor plays such a big role. Be willing to start conversations, and most importantly be willing to listen. Do not shut yourself out for long periods of time and lock yourself in your room.

Make the quantity of time during quarantine, quality time.

Thanks for allowing me to share and open-up a bit. I feel like putting this article together has helped me as a coach, a parent, a husband and a person. I know that I can get better in each one of those parts of my life. I hope that you have taken something away from this by reading this as well. Whether it be a tip from something we do each

day, or just finding some solace in the fact that there are others out there going through similar things just like you are at your house.

As I said earlier this is going to end at some point. It will be back. Miss it for now, but how sweet will it be when it returns. Do not forget that feeling, and appreciate it when we are able to play again. For now, though, embrace and try and enjoy the new normal.

# Living many volleyball roles at the same time

By Lisa Deppe Badger Region Correspondent

Volleyball. Family. Home. Business. It's really been a strange time for volleyball in Wisconsin. And the world.

Club season just stopped. The parks and



nets are off limits. Our future plans for out-of-state tournaments is really cloudy.

It's also been a strange time for volleyball in the Deppe home.

Hi, I'm Lisa, the volleyball mom behind the Wisconsin

Volleyball Lifestyle Brand, Frisco Mo.

My husband, Tom, has been a volleyball nut for years. He played in college at the University of Hawaii, coached Brookfield East Boys and the University of Wisconsin-Milwaukee's men's programs and now is so happy to have all of his boys playing, loving and enjoying volleyball. I've never played, but I've lived every volleyball role. I've been a girlfriend of a college player, an angry



wife of an adult nationals player, a cheerleader mom, a volleyball taxi service, an excited fan and, now, an ambassador for the game.

March was going to be a big month for Frisco Mo. Badger Region Championships, volleyball sticker booth, kids competing, families socializing and laughing and maybe even sideline coaching. Instead, here we are.

Volleyball hasn't left our family's daily lives. We have a sand court in our yard, enough boys under our roof (five if you're counting) to play games and keep busy with King of the Court and hitting lines. We miss all of the familiar faces and the fun of being in the gym.



But we're together and glad to have the time with each other. We are also counting down to regular life, a restaurant visit and practice with our teams.

In the meantime, our boys are learning how to run a business. They are my work crew, filling orders, checking addresses and learning on the go. It's been a busy few weeks as we pivoted to offering face masks as an in-house product. It's so great to see them engage and show their pride our tiny, Wisconsin volleyball family business. We're thrilled to have the opportunity to help others, do good and cheerlead this great sport. Hope to see you on a court soon!

## New officials' programs a big success in shortened year

By Jim Arts Badger Region Ref Chair

As most of you are quite aware the rest of the Badger Region's 2020 season has been cancelled due to COVID-19.

I am sure that all you players, coaches and clubs and parents are very disappointed in this but so are all us officials. We go to great lengths in preparation and training just to start each season, and to see if come to a close not even half way through is a big let down for us as well.

For me personally I can't remember when I've had this many weekends off without volleyball in a long, long time. Probably from before the time that I ventured into officiating. Needless to say, I am getting a lot of projects done around the house but sure do miss climbing that ref stand. But safety has to come first whether if it's on the court or off the court, it's just that simple.



#### Ref pilot program

We introduced a couple of new programs this season that I want to discuss. First, we started a new pilot program for first-year officials. This program paired a first-year USAV official with an established veteran official to help the "newbie" through the challenges in their initial season.

We had 47 new officials this season which is fantastic. The feedback that I received about the program was overwhelmingly positive. And since this season has been cut so short I will be extending the option of this year's "newbies" to participate in it again next year during their second season. I also want to give a

big THANK YOU to all the pilots that volunteered to help out in the program. The program would not be this successful without you. I'm sure I will be needing their help next year as well.

#### Uniforms, anyone?

Another program started this past year is the USAV uniform verification option that is available to all Badger region clubs. Clubs could email me with their intended uniform designs and I would give them feedback on whether they were USAV compliant or not. We prevented some potential issues with uniforms that saved clubs some aggravation in correcting uniforms. I encourage all clubs to take advantage of this free service. And as a footnote, for clubs that received a waiver from USAV on their uniforms this waiver was only for the current year and cannot be

extended for future seasons.

#### TAG URIT

The last program was started midway through last season. This is the TAG U R IT program. This program is intended to recognize junior club players when they demonstrate superior skills and determination when they are performing their work crew responsibilities. The goal is to encourage the recipients to pursue volleyball officiating either now or in the future. The sport needs more officials and this program singles out players who officials think have what it takes to take it to the next level: Officiating for pay.

Fourteen Badger Region officials handed out 27 tags in this abbreviated season. Recipients should feel proud that they received a TAG. Officials don't just give these out for no reason!

# What are we learning from this break?

Elephant in the room; we'd all rather be playing. Many coaching friends are losing their minds, worrying about their players,



BJ Le Roy

holding Zoom meetings and virtual workouts and assignments, and, and,

Another small group of coaches I know are mostly teachers with young children. High level coaches, all of them, just with a different variety of responsibilities. They report differently,

saying things like "our players seem OK," and "losing part of the season isn't all terrible." And finally, "I'm getting some things done that I always wanted to do."

Is there really a difference between the players that have full-time coaches, versus coaches that lead other lives outside coaching? I think probably not. Maybe it's just perspective. From this small group, following a short discussion, we all agreed on this; taking a break

By BJ Le Roy wasn't all that bad. Matter of fact, many of us Badger Region Education Chair are enjoying the time away from volleyball, despite the fact that we were really enjoying our teams. I'm looking forward to getting back with my team, and at the same time, the break is good too.

I've been spending quite a bit of time on Zoom, talking with a new team I've recently joined. Getting to know a new team online is unconventional, and I've found it interesting. I think the biggest takeaway is that the players have a lot to share; they are interesting, and earnest, and want to discuss the game. If there's one thing I'll change in future team management/coaching, that will be it. Make more time to have discussions with the players.

Through these discussions, many assumptions have proven false. The players reveal what they know, and what they need to learn. Sometimes their level of play masks their understanding of what really happened. Sometimes they know more than we thought, and physically just didn't get it done. Learning about what's actually happening in their heads will lead to far more productive practice sessions, once we can get back on the floor.

Of course, for coaches, I advise you to take advantage of this time off, where we are bathed in riches of free educational talks. There are all kinds of categories:

- · Olympians discussing their paths and experiences
- · High-level coaches discussing careers and choices, and laughing about things they used
- Coaches from around the world sharing best practices
- Technical Q and A about systems, training, strength and conditioning, psychological performance
  - Game analysis by experts

Get on Google, Zoom, Facebook (Volleyball Coaches and Trainers is my favorite group) and take in some of these lectures, heavy or light. Our partners at the AVCA and the Art of Coaching Volleyball have a ton online. We've learned that experienced coaches with time on their hands appear to want to share.

Take care everyone. I hope we're all back on the court soon, showing up with better information and methods to help elevate our competition.



# Now introducing.

## New feature allows readers to meet refs here and online

#### **April 15 featured official:** Shane Hubred

How long have you been reffing: Three years. I got started when my daughter was reffing in the WYVL. She had a scheduling conflict, so I said that I would take your spot. I kind of liked it.



Shane Hubred

#### **Ouotes:**

"I've been playing volleyball since the early 90s and met my wife playing volleyball in college."

"Why do I like reffing? I think I have three reasons. I like the challenge — being a great ref is not easy. The camaraderie with other officials when you have a chance to talk with other officials before or after matches at those big two- or three-day tournaments. And I like mentoring other officials and being able to give back to some-

one who wants to get better."

#### Fun fact:

Has been married to his wife, Becky, for 22 years. They have three kids: Molly, Jacob and Lucas.

Check out the full video: https://www.youtube.com/watch?v=J R4ab8PtE0

#### April 22 featured official: Alexis "Lexi" Sheldon

How long have you been reffing: About seven years — five in USAV because I did start in high school. Somebody asked me to be their high school partner, and that person was Rick Jones (a long-

time Badger Region official).



Lexi Sheldon

#### **Quotes:**

"Some of my favorite things about reffing are the relationships that I have made with other officials."

#### Fun fact:

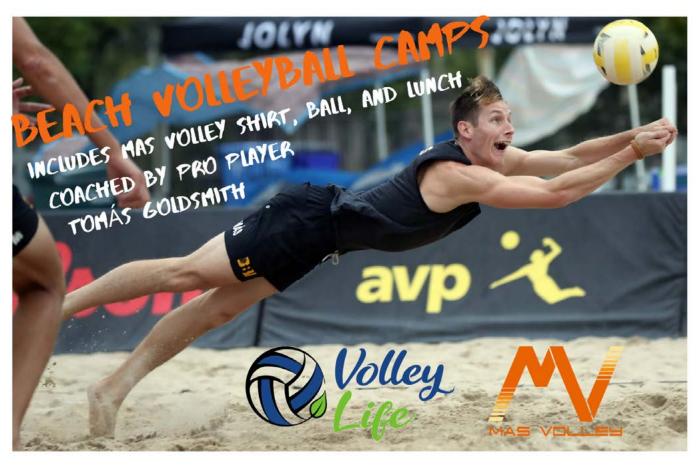
"I was not a volleyball player. I was a Division I soccer player. I really love shoes. My third bedroom is my shoe closet. I probably have over 300 pairs of shoes."

"My favorite holiday is Halloween, and I really like dressing up in costume, and that

includes dressing up for ComicCons and dressing up for those, too."

"Not a lot of people know, but I am a sign language interpreter and I work for a school district."

Check out the full video: https://www.youtube.com/ watch?v=Yg1d-F1KS4g



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can edit and share with coaches at prospective schools.

"The first time I look at film, I'm looking for athleticism and skill," Ellmann said. "Coaches can see both pretty well even when seeing an athlete for the first time. Then, once you've got my interest, I start diving into personality and non-verbals."

"I don't mind seeing a three-minute video of what you think makes you look the best," Kieckhefer added. "Then, later on, show us some full match videos to show us how you developed."

Ellmann then took those two ideas and expanded on them.

"From there, show us a film where you lose, so we can see how you handle it," he said. "And then show us the most competitive match you have ever played in."

Curley, an advisor to the Badger Region Board of Directors, said she relies heavily on video.

"Back when we started in 2018, I only had three months to recruit, so video was very valuable," she said. "At a junior college, you're constantly recruiting in because the athletes are only in the program for two years. And I'm helping them create videos for four-year colleges that

"Find a way to touch the volleyball now and be active. Everyone is the same boat right now. You'll look way better compared the guy who didn't when you get back to the gym."

JW Kieckhafer Carthage College men's coach

might be going on to."

Chadwick cautioned that athletes should not put all their stock in the video submissions.

"Video can be deceptive. You can be made to look great on video, or it can look a little off just because of the way it was shot," he said. "Videos are not the be-all, end-all. They should be used to spark our interest."

A topic that was woven throughout the evening's discus-

sion was the current COVID-19 pandemic and what athletes can be doing right now to get recruited.

Halverson said to use the tools at your disposal to help you out.

"Use social media to learn about programs," she said. "Schools are showcasing their athletes and showing their campus and doing as much as they can. Try to keep learning and researching on the internet."

As much as social media can be beneficial to athletes, coaches reminded viewers to really be careful what they post.

"Be mindful of your presence on social media," Ellmann said. "Be a great communicator at a really high level."

"Let the athlete do the communicating," Chadwick emphasized. "I have to remind parents that I'm recruiting their daughter, not them."

With the current "Safer At Home" order blanketing all of Wisconsin, training with coaches in a gym is not possible. But that shouldn't prevent athletes from improving.

"Find a way to touch the volleyball now and be active," Kieckhafer said. "Everyone is the same boat right now. You'll look way better compared the guy who didn't when you get back to the gym."

# Reminder: All 18s should have SafeSport

Any 18-year-old player is now required to complete the SafeSport Core Training in accordance with USA Volleyball's MAAPP policies.

Starting Monday, Feb. 24, AES launched the new SafeSport feature that requires SafeSport verification for all 18-year-olds on junior rosters. This new feature will be in effect for all events past this date.

Athletes that are not compliant with the SafeSport requirement will be flagged on Region/ USAV event sanctioned rosters. The athlete will not be eligible to compete in the event and they should be removed if not compliant by onsite check-in staff. Any roster that includes an 18-year-old player without SafeSport will be invalid.

To expedite meeting this safety requirement, a 17-year-old player may take the SafeSport training with parental consent.

## Continuing education a must for all Region coaches

The Badger Region has made coaching education a priority.

In 2018, the Badger Region Board of Directors appointed an Education Chair, BJ Le Roy and formed an Education committee. The goal is to create and promote opportunities for Badger Region coaches to become certified, re-certify, and stay current with best practices in the sport of volleyball and the field of coaching.

Beginning with the 2018-2019 membership season, Badger Region Coaches will need to complete two hours of Badger Region-approved Coaching Continuing Education during the current quad (four-year Olympic cycle) to be eligible to coach in the following quad. Think of a quad as the four years leading up to and culminating with the Summer Olympics.

Annually the Badger Region has approximately 1100 Coaches!

Since Sept 1, 2016 (current quad 2016-

2020) approximately 300 coaches have been IMPACT certified.

Approximately 100 coaches achieved CAP I or II certification at the CAP Clinic hosted by Badger Region in December 2017 or December of 2019.

About 100 coaches from various clubs have participated in a Badger Region run 3C-Coaches Coaching Coaches program.

An additional 40 coaches attend or participate in Badger Region Education Clinics or programs annually.

This leaves around 600 coaches that we believe are in need of continuing education to stay current on best practices, philosophy, and changes to the game and/or rules.

New coaches will become certified by completing IMPACT (Increased Mastery and Professional Application of Coaching Theory)

There are a number of FREE options for experienced coaches including:

- \* The Art of Coaching Volleyball "Badger Region Coaches Certification"
- \* Re-take IMPACT or attend at least two hours of a live IMPACT session
- \* Attend a Badger Region 3C clinic (requested by club director)

Other options for re-certification at the coaches cost include:

- \* Attending a CAP/BCAP clinic
- \* Completing two CAP modules
- \* Complete your CAP certification
- \* Attend the National HP Clinic
- \* Attend an Art of Coaching Clinic
- \* Attend an AVCA convention
- \* Attend a University/College sponsored coaching clinic (ex: UW-Madison)
  - \* Attend the WVCA spring clinic

Contact the Region office for approval of other education obtained not listed here.

## Latest activities that appeared in the 'Downtime Blog'

#### From webinars to workouts, what have you missed since the last Badger Beacon?

What have you been doing for the past 23 days? Nothing?! That's no excuse. We've been giving you one idea to stay active or motivated in our Downtime Blog. Here's a rundown from our site: http://badgervolleyball.org/downtime-blog.

April 23: What are you doing during this downtime to improve your recruiting profile? That's a question the Badger Beacon looks at indepth today thanks to a pair of college coaching panels we helped organize over the past two weeks. Our first story comes to us thanks to the 10 coaches and former coaches who took part in the Badger Region/Junior Volleyball Recruiting Association webinar that took place April 9. The second story uses the information shared with us during the Badger Region/ AVCA coaches panel to educate families about the recruiting process.

April 22: Let's celebrate our beautiful planet today! Did you know that today is the 50th anniversary of Earth Day? Although it's not an option to really celebrate this with our friends in the community, there are still plenty of ways to show appreciation for the planet. Here are some great ideas:

April 21: The Badger Region is happy to once again partner with the AVCA to offer the AVCA/Badger Region Awards Program. This program is designed to recognize outstanding coaches and club directors within our region which will then be shared with the AVCA for consideration for national awards. It also serves to highlight clubs that are investing in and developing their coaching talent, while making the statement that Badger Region is committed to promoting good coaching and club management. Nominate now for the Coach and Club Director of the Year!

April 20: When it comes to coaching, time spent working on specific skills is already at a premium. Those precious practice hours are needed for the development of on-court



chemistry, helping players find their roles and putting everyone in the best spot to succeed when the season rolls around. But what do you do when you can't practice...at all? Welcome to Home School, where Kyle Mashima (SoloStats Live) walks you through the ins and outs of shelter-in-place training. In a time when social distancing matters more than ever, there are still ways to eke out those precious volleyball hours.

April 19: We take stats. We watch videos.



We scout. But what do we do with that information? U.S. Men's National Volleyball Team technical coordinator Nate Ngo explains a simple workflow that can be used by coaches at all levels and sports. In part two of the video, Ngo will show us his workflow and how he looks at data for

the men's national team.

April 18: These unprecedented days have a silver lining: more time to learn, something important for coaches and players alike. Certainly, keeping the team learning and united is key in team sports, and video chats can help. USA Volleyball's John Kessel, the director of sports development, wants to share other ways to ancora imparo that have worked for him over the decades as part of today's Downtime Blog. https://www.teamusa.org/USA-Volleyball/Features/2020/April/16/Ancora-Imparo-Redux

April 17: Want a fun getaway during this downtime? Register now for a live Q&A with members of the U.S. Women's National Team. The webinar featured Annie Drews, Micha Hancock, Jordan Larson and Haleigh Washington.

April 16: Our nation's governing body has come up with a free online educational video series (USAVed) featuring topics ranging from reading the court to defensive schemes and more. Top volleyball coaches and High Performance leaders will share their knowledge to give you tips, tools and ideas to better your game on and off the court!

April 15: Our friends at USA Volleyball's High Performance department have come up with 50 things for athletes to master during lockdown and broke them into six categories:

Home: Wash and dry a load of laundry, learn how to iron, learn how to sew

Kitchen: Learn how to boil, fry and scramble an egg, learn three ways to cook a potato

Team: Mail a letter to a teammate, watch a USAV National Team match

Lifeskills: Learn how to make a budget, test the smoke alarms, learn about active listening

Learn: Write a resume, watch a documentary Active: Do online yoga, research athlete recovery methods, stretch for 30 minutes

April 14: It's time to check out some of the great home-workout programs and services that are out there.

April 13: Last week we asked you to do a little research on the history of volleyball, now we pose a similar question. In today's downtime blog, we ask you, "What's your favorite motivational quote?"

April 12: Enjoy Easter.

April 11: We recommend thumbing through some books on leadership. How to be a better teammate, a better coach, a better leader. Then, share those ideas that you learn with your team, your coach and your family.

**April 10:** As a parent during these uncertain and difficult times, the correct way to talk to your kids about COVID-19 might feel like walking a tight rope. How much should you share? How do you talk about school closures? How do you explain the importance of social distancing and CDC guidelines without terrifying them? Essentially, how do you keep kids both calm AND accountable?

Today's article from TrueSport helps you out.

### Have questions about jerseys? Upload photos to our website before buying

The Badger Region Volleyball Association wants to make sure that your jerseys are compliant with all rule sets and changes that have gone into effect that last few years.

To do so, the Region's Ref Chair (Jim Arts) is encourage club directors to upload images to this link (below) if there is any concern

that numbers are not contrasting enough with jerseys, especially for teams who are comthe dominant color of the jersey or if a jersey is not contrasting for libero purposes.

UPLOAD HERE: http://badgervolleyball.

The goal of this initiative is to help our Ref Chair not have to write any waivers for peting at national qualifier and national championship events.

When photographing jerseys, do not have junior athletes in the photo.

Have questions? Email badgerrefchair@ yahoo.com.

# Who will be club director and coach of the year?

The Badger Region is happy to once again partner with the AVCA to offer the AVCA/Badger Region Awards Program.

This program is designed to recognize outstanding coaches and club directors within our region which will then be shared with the AVCA for consideration for national awards. It also serves to highlight clubs that are investing in and developing their coaching talent, while making the statement that Badger Region is committed to promoting good coaching and club management.



Nominations forms can be found here:

\* 2020 Badger Region Club Director of the Year (nominations



may be submitted by coaches or parents/families)

\* 2020 Badger Region Club Coach of the Year (nominations

### must be submitted by a Club Director)

Considering the circumstances of COVID-19 interrupting the season, please highlight what action the Club Director/Coach has taken to reach others during this difficult time.

Winners will be selected by committee review consisting of Badger Region board members and staff. The nomination period is April 1-30. Questions can be directed to scott@badgervolleyball.org.

#### Nominations sought for Region board

The following Badger Region Board of Directors positions are up for election this spring:

\* President (fouryear term)

\* Metro Milwaukee Rep (three-year term)

\* At-Large Rep (three-year term)

Candidates for the President position must have previously served on the

Board. Candidates for the Metro Milwaukee position must live in that area of the state. At-Large candidates can live anywhere. For all of the position qualifications,

responsibilities and guidelines, see the Badger Region By-Laws.

Self-nominations are encouraged. The deadline for nominating is noon on April 30. Voting takes place May 1-10.

Questions? Email Jennifer Armson-Dyer at jarmsondyer@ badgervolleyball.org.

## Winners announced from 2020 Badger Region Power League

The second year of the Badger Region Power League was cut short due to the COVID-19 pandemic. At the conclusion of the second weekend of competition, the following teams were named the champions of their respective BRPL divisions:

14-Elite: Milwaukee Sting 14-Black

14-Select: FVP G14-Blue

14-Regional: V-Hawk Extreme 14-Red

16-Elite: Iowa Rockets 16R 16-Select: Motion 16-Green 16-Regional: Eclipse 16-Solar 18-Elite: F.C. Elite 17-Navy 18-Regional: Eclipse 18-Solar

Over 200 teams from 30 clubs participated in he 2020 Power League. The Region looks forward to hosting another great event next year.



# **CARTHAGE**ATHLETICS

# VOLLEYBALL 2020 GIRLS' VOLLEYBALL CAMP

Dates: July 22-24, 2020

Location: Carthage College, 2001 Alford Park Dr., Kenosha, WI, 53140

The camp is open to:

**High School Girls** (*Grades 9-12, plus graduating seniors*) **Middle School Girls** (*Grades 6-8 in fall 2020*)

\$310

Overnight campers
Two campers per residence hall room

\$275 Commuters

#### To register: www.ladyredsvbcamp.com

For more information, contact: Leanne Ulmer Phone: 262-551-6681 | Email: lulmer@carthage.edu

#### FROM USA VOLLEYBALL

#### Update from USAV CEO, Jamie Davis (April 22, 2020):

Like you, we are eager to be back competing on the court and playing the game we love. That said, the safety of our members, spectators and staff is our top priority and thus we have been forced to make many decisions which have impacted the 2020 USA Volleyball tournament calendar.

As you are aware, a few of our qualifiers have been canceled with



the majority of them being postponed. We are furthermore monitoring the feasibility of our championship events and exploring the postponement to later dates should the conditions not be safe to stage them as planned. It would be far easier for us to simply cancel all of these events, but the overwhelming feedback that we have received from you has been in favor

of trying to salvage the season. You want to play and we want to provide you the competitions to do so. I am hopeful that we will be able to accomplish this common goal.

Again, safety is paramount and we are closely monitoring city, state and federal social distancing guidelines and recommendations. We are furthermore developing new processes, procedures and regulations that will be put in place to further enhance the safety of the events. Final decisions on whether to proceed will only be made once factoring in all of these factors.

# FOUR CORNERS

A PAGE IN THE BADGER BEACON DEDICATED TO A MIX OF PROGRAMS, INITIATIVES AND THINGS MEMBERS, PARENTS AND FANS MUST KNOW.

#### FROM HIGH PERFORMANCE

With the cancellations of the NATIONAL High Performance tryouts, USA Volleyball is encouraging prospective High Performance athletes to try out by submitting a video.

This is separate from the Badger Region HP tryouts, which are still in the works depending on when our "all-clear" date is.

If you are interested in the NATIONAL HP program, follow the links below for Indoor and Beach tryout video guidelines.

- \* Indoor High Performance video tryout: https://go.usav.org/HPvideo
- \* Beach High Performance video tryout: https://go.usav.org/BHPvideo

USA Volleyball High Performance encompasses identification, evaluation, training, development, and international

competition across all three disciplines (beach, indoor and sitting) of volleyball, building a National Pipeline to the podium. The mission

of High Performance is to identify, train and develop elite athletes and coaches to build a sustainable pipeline of future Olympians and Paralympians. High Performance bridges the gap between our Senior U.S. National Teams and high potential athletes.

**USA**Volleyball.

For more information: https://www.tea-musa.org/usa-volleyball/high-performance

#### **SAFESPORT**

The U.S. Center for SafeSport has made revisions to the SafeSport Code. Over the course of the next few Badger Beacons, we will highlight some of the changes and the reasons behind them.

The 2020 SafeSport Code went into effect on April 1, 2020.

**Topic:** The code does not currently include a provision expressly prohibiting "exposure of minor to sexual

situations.



Change: On Pg. 17, added additional language to the existing Exposing a Minor to Imagery section - "An Adult Participant violates this Code by intentionally exposing a Minor to content or imagery of a sexual nature, including but limited to, pornography, sexual comment(s), sexual gestures, and/or sexual

situation(s)."

**Rationale:** Exposing minors to sexual content through casual conversation or other interactions is some of the more frequent behavior reported to the Center. This change clarifies that such behavior is generally and expressly prohibited under the Code.

Have questions about SafeSport in the Badger Region, contact Executive Director Jennifer Armson-Dyer at jarmsondyer@badger-volleyball.org.

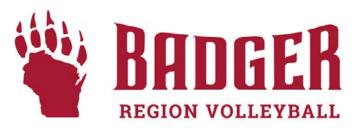
#### **REGION EVENTS**

Lots of questions still remain about events being sponsored or put on by the Badger Region. Here is what we can tell you at this time:

- \* Badger Region Power League: Canceled
- \* Badger Region Championships: Can-

celed

- \* Badger Region Adult Championships: Canceled
- \* Dale Rohde Memorial Boys Volleyball Tournament: Canceled (Dale's legacy will be honored at the 2020 Badger Region Championships)
- \* Badger Region High Performance: Tryouts will happen in mid to late May at a location to be announced in the near future.
- \* Badger Region Beach Qualifier: July 11-12 at North Beach in Racine
- \* Badger Region Beach Championships: Aug. 8-9 at North Beach in Racine



# AVCA/Badger Region tips updated

### Coaching education and recruiting information available each week

The Badger Region and the AVCA are again partnering to offer tips on how to navigate the time-consuming and difficult process of recruiting. This service is paid for by the Badger Region as a thank you for your membership.

#### Recruiting tips of the week

So far this year, we have shared the following on our website when it comes to the Recruiting Tip of the Week:

**BONUS Tip:** Recruiting during the COVID-19 crisis **BONUS Tip:** Changes to NCAA Div. 1/2 recruiting rules during COVID-19

**April 14:** Characteristics of a top right side hitter (PDF)

**April 7:** Characteristics of a top outside hitter (PDF)

March 31: Characteristics of a top middle hitter (PDF)

March 24: Characteristics of a top setter (PDF)

March 17: Characteristics of a top libero (PDF)

March 10: Combining types of financial aid (Video)

March 3: Need-based financial aid (Video)

Feb. 24: Academic requirements to play in college

Feb. 17: Contact at club tournaments

Feb. 10: Knowing the rules of campus camps

Jan. 27: Know the transfer rules between four-year colleges (Video)

**Jan. 13:** Financial opportunities for men's volleyball players (Video)

Jan. 6: Opportunities in men's volleyball (Video)

Full list: http://badgervolleyball.org/avca-recruiting-tips/

The Badger Region and the AVCA are again partnering to offer coaching education tips to directors, coaches and any volleyball enthusiasts who want to improve their knowledge of the game and continue to learn.

#### Coaching tips of the week

So far this year, we have shared the following on our website when it comes to the Coaches Education Tip of the Week:

**April 23:** Presentation with Hugh McCutcheon (Video)

April 16: Crisis management (Video)

April 9: Running Your Program Amid Crisis (Video)

April 2: Position Freeze Drill (PDF)

March 26: Functional vs. Factual training (Video)

March 19: Training the mental side of your game (Video)

March 12: Improving your first-ball sideout (PDF)

March 4: Pre-match warm-ups (PDF)

Feb. 27: Non verbal communication (Video)

**Feb. 20:** Four ball attacking drill from all positions (PDF)

**Feb. 13:** Platform technique (Video)

Feb. 6: Multi-ball drills (Video)

Jan. 30: Athlete accountability (Video)

Jan. 23: Servers vs. Passers games (PDF)

Jan. 16: Understanding blocking systems (Video)

As an added bonus, all of last year's coaching education tips are still up on our website to be used as a resource all year long.

Full list: http://badgervolleyball.org/avca-coaching-education-tips/

# Keep up to date on all things volleyball via the many channels of the Badger Region



**Facebook:** /BadgerRegionVolleyball

Olimborack //

**Website:** www.badgervolleyball.org

**Twitter:** @BadgerRegionVB

Pinterest: /BadgerRegionVol

Instagram: @BadgerRegionVB

**▶ YouTube:** /Badger RegionVolleyball

| HOME  | KITCHEN   |
|---|---|
| Mow the lawn Learn how to wash and dry a load of laundry Clean your bathroom Wash and change the sheets Learn how to iron Water the plants Learn how to sew Change a lightbulb Choose a messy closet and tidy it up   | Cook a meal following a recipe Learn how to boil, fry, and scramble an egg Make a cup of coffee or tea Make a smoothie Make a meal with a family member Clean up after dinner Learn how to cook 3 different vegetables Learn 3 ways to cook a potato Learn a new recipe and share it with 3 teammates   |
| TEAMMATESHIP  Facetime with a teammate  Mail a letter to a teammate (yes, regular mail)  Play a game with your teammates over video call  Ask a teammate: "what inspires you?"  Watch a USAV National Team match as a team  Research a National Team athlete and share 3 facts about him/her with a teammate  Ask a teammate a question not related to v-ball | LIFESKILLS  Write a thank you note Learn how to write a check Learn how to make a budget Test the smoke alarms Memorize 3 emergency phone numbers Learn how to type without looking down Learn about active listening Discover 1 new way to manage your time (planner, write a schedule, calendar app, etc) Write a poem, story, or journal entry   |
| LEARN   | ACTIVE  |
| Learn one interesting fact about your parents' work Learn how to create a resume Read a biography about someone you admire Watch a documentary Google "Growth Mindset" and watch 1 video Learn how to count to 10 in a new language Search your app store for "Mindfulness" and check out a free trial Read a book about personal growth                      | <ul> <li>Stretch for 30 minutes</li> <li>Do an online yoga session</li> <li>Learn a dance routine</li> <li>Research 1 bodyweight workout, and try it at home</li> <li>Follow @usavolleyball on Instagram, and attempt an Active Tip from our athletes and coaches</li> <li>Research "athlete recovery methods" and find one that works for you</li> <li>Go outside and get sweaty for 15 minutes</li> <li>Exercise for 30 minutes everyday</li> </ul> |

## Summer calendar shines hope on better things to come

Someone please tell us beach volleyball is right around the corner, right?

We sure hope so.

To help get ready for some fun in the sun, we just want to take a second to remind everyone about the opportunities being offered by the Badger Region to participate in some great outdoor volleyball events.

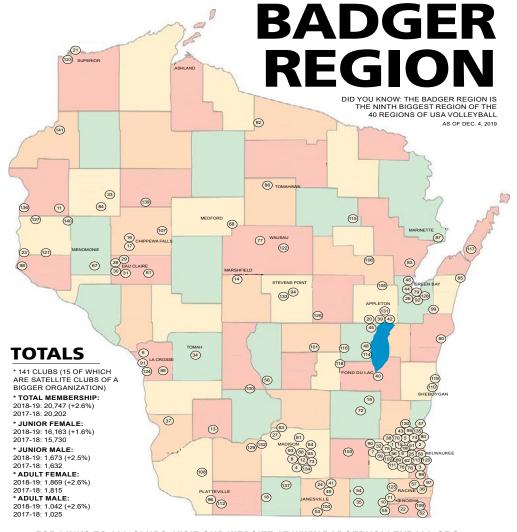
Region-hosted events include:

- June 18: Free boys beach volleyball clinic at Bradford Beach in Milwaukee
- July 11-12: Badger Region Beach Qualifier at North Beach in Racine
- July 28: Free girls 14-and-under beach volleyball clinic at Bradford Beach in Milwaukee
- July 30: Free girls 15-and-older beach volleyball clinic at Bradford Beach in Milwaukee
  - Aug. 8-9: Badger Region Beach Volleyball

Championships at North Beach in Racine

There will be other outdoor events throughout the state, and as we are made aware of these opportunities, we will post them to our outdoor calendar on our website.

In addition, check out a handful of clubs in the Badger Region who are offering beach volleyball training and programming this spring/summer on our "Outdoor" page.



FOR LINKS TO ALL CLUBS, VISIT OUR WEBSITE AT WWW.BADGERVOLLEYBALL.ORG

# ESP program recognizes positive fans

The Badger Region is once again rewarding the individuals who showcase amazing sportsmanship via our Enthusiastic. Supportive. Positive. program.

At tournaments, staff will be handing out wristbands that have the ESP slogan on them to people who go above and beyond to show fellow fans, teammates and coaches how we expect people to behave.

These wristbands are for fans, not players. Let's take our cheering and our region up a few notches:

- \* Get a little crazy.
- \* Go the extra mile.
- \* Support your team with positive cheering.
- \* Recognize the good in your teams and others.
- \* Applaud when the other team makes a great play.
- \* We need good opponents to get better. Be that good opponent.

At the Badger Region Championships in March, recipients of the wristbands can redeem them for Badger Region swag at the Tournament desk.

For more about the ESP program, click here.

## Buy through Amazon Smile and support Badger Region

Do you shop on Amazon? Do you want to support the growth of volleyball in the state of Wisconsin?

Then you need to make your purchases on the popular online shopping website via the Badger Region Charity Link: https://smile.amazon.com/ch/39-1802573

When you purchase through the link listed above, a percent of your purchase comes back to the Badger Region Volleyball Association each month.









Badger Region, Frisco Mo partner for unique Wisconsin-themed volleyball shop

How do I get fun, Badger Region apparel all year round? Now you can thanks to a recent partnership between the Badger Region and Frisco Mo.

The online-only shop offers everything from pillows and posters to stickers and mugs to the more traditional hoodies and t-shirts.

A permanent link to the store now sits on www.badgervolleyball.org.
A portion of the proceeds benefits future Badger Region programming in the state of Wisconsin. For a link to the shop, click here.

## Badger Region Volleyball Association

2831 N. Grandview Blvd. Suite 105 Pewaukee, WI 53072

#### **Staff**

#### Jennifer Armson-Dyer

Executive Director/ Commissioner jen@badgervolleyball.org 414-507-1124

#### **Brian Sharkey**

Program Director brian@badgervolleyball.org 414-313-9055 (cell) 262-349-9785 (office)

#### **Scott Spiess**

Operations Manager scott@badgervolleyball.org 414-303-5624 (cell) 262-349-9785 (office)

#### **Kelly Lehman**

Tournament Director kelly@badgervolleyball.org 262-470-0837

#### Sara Voigt

Program Specialist sara@badgervolleyball.org 262-349-9785 (office)

Fax: 262-349-9971

The Badger Region Volleyball Association promotes initiatives for safe, structured and fun life-long volleyball experiences!

If you (or you or your organization) would like to advertise in a future Badger Beacon, contact Brian Sharkey at the phone number or email address above.

More online: www.badgervolleyball.org Twitter: @BadgerRegionVB

Facebook: Badger Region Volleyball

Pinterest: BadgerRegionVol

Instagram: BadgerRegionVB

#### **Badger Region Volleyball Association**

# CALENDAR OF EVENTS

**April 30:** Last day for nominations for the Badger Region Coach of the Year and the Badger Region Club Director of the Year — both of which are in partnership with the AVCA



**April 30:** Last day of nominations for Badger Region Board of Directors

**May 1-10:** Voting for the Badger Region Board of Directors takes place

May 3: Badger Region Board of Directors meeting (1 p.m.)

June 18: Free boys beach volleyball clinic at Bradford

Beach in Milwaukee.

June 22-24: USA Volleyball Girls 18-and-under Championships in Reno, Nev.

**June 24-July 4:** USA Volleyball Girls Junior National Championships in Dallas, Texas.

**June 26-July 4:** USA Volleyball Boys Junior National Championships in Reno, Nev.

July 11-12: Badger Region Beach Qualifier at North Beach (Racine)

July 22-26: High Performance Championships in Pittsburgh, Pa.

**June 28:** Free girls 14-and-under beach volleyball clinic at Bradford Beach in Milwaukee.

**June 30:** Free girls 15-and-older beach volleyball clinic at Bradford Beach in Milwaukee.

**Aug. 2:** Badger Region Club Directors meeting. Time and location TBA

**Aug. 8-9:** Badger Region Beach Championships at North Beach (Racine)

**Aug. 17:** Tryouts/season begin for all WIAA high school athletes (boys and girls)

**Oct. 3:** Tryouts allowed for all boys and girls 14-and-under in the Badger Region.



Nov. 5-7: WIAA State Volleyball Championships (boys and girls) in Green Bay.

**Nov. 14:** Tryouts allowed for all boys and girls 15-and-older in the Badger Region.

# How is the Badger Region Board structured?

The Badger Region Volleyball Association is governed by a Board of Directors that must be elected by members on a regular basis. Area reps serve three-year terms, while members of the executive board serve four-year terms.

Members, whether they are players, coaches, parents, directors, athletic trainers or officials, are encouraged to communicate with their respective representative if they

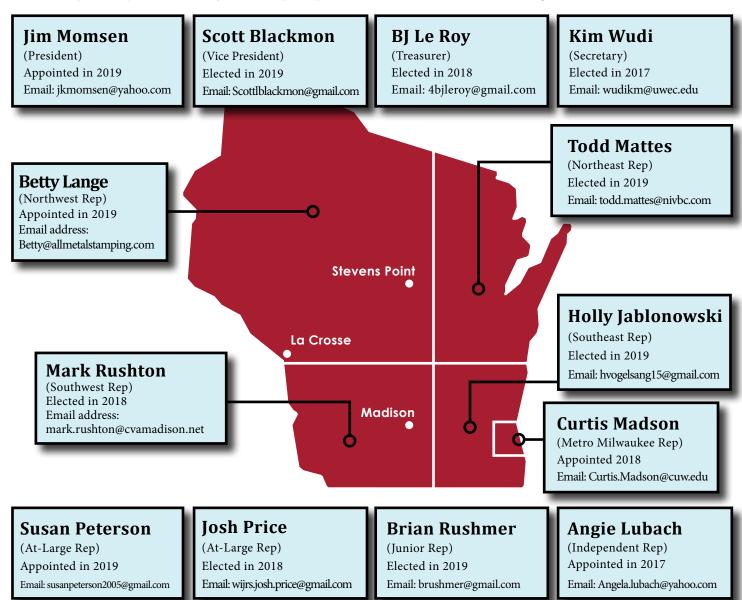
think policies or financial decision in the Region need to be changed.

Some policies enforced by Badger Region come from USA Volleyball, our sport's national governing body, so those can't be changed. But many others can.

The Board is advised by a 11 chairpersons (or experts) in various parts of the game, and five staff members (some of which have multiple responsibilities).

The state is divided into five parts geographically for representation. Plus, there are two at-large board members who you can approach if you don't feel comfortable with your current rep. And there is a rep dedicated just to issues that surround our Junior volleyball clubs and athletes.

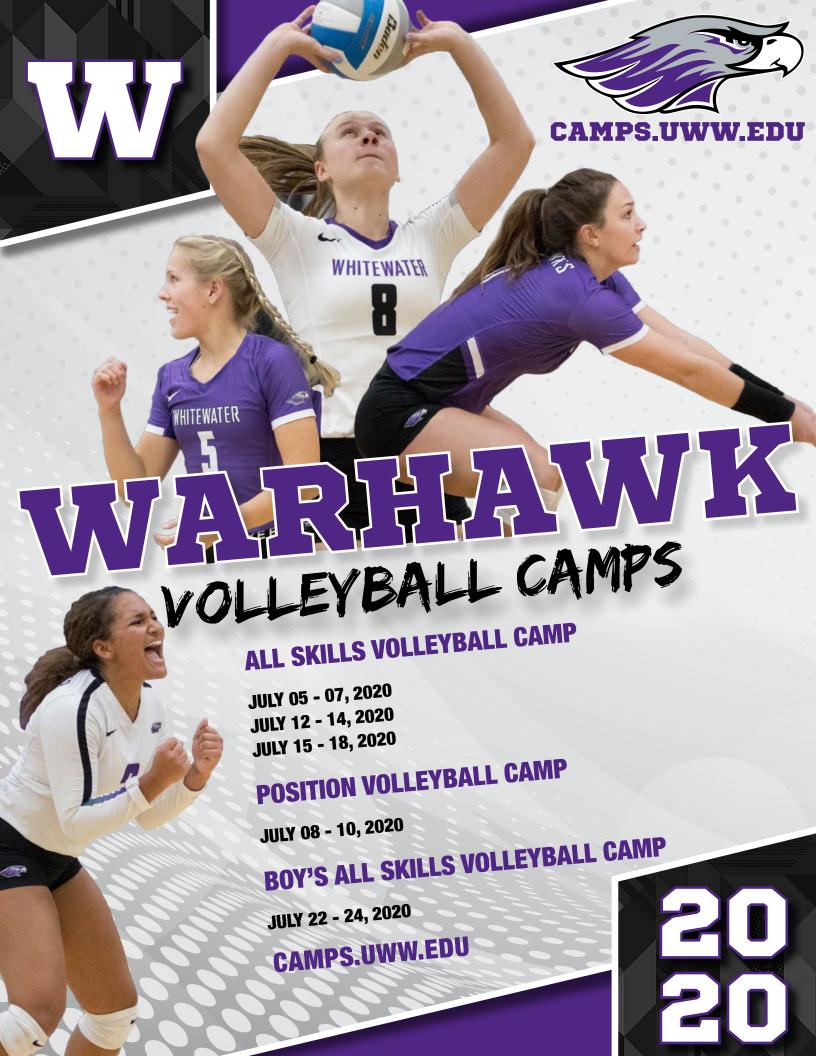
You'll be hearing from each Board member twice a year in the form of a column in the Badger Beacon. Now, let's meet them:



Individual chairs and advisors who offer input to the Board of Directors but don't have authority to vote at meetings: Financial Chair: Anne Slattery Junior Girls Chair: Heather Curley Junior Boys Chair: Jeff Liker Referee Chair: Jim Arts Score Chair: Lexi Sheldon Adult Chair: TJ Abshire Past President: Julie Voeck Grassroots Chair: Lexi Middleton Development Chair: TBD Education Chair: BJ Le Roy Beach Chair: Bill Petersen Officials Assigner: Larry Schoenick Officials Rating/Training: Julie Voeck

#### **REGION STAFF**

Executive Director/Commissioner: Jennifer Armson-Dyer Program Director: Brian Sharkey Operations Manager: Scott Spiess Tournament Director: Kelly Lehman Program Specialist: Sara Voigt



# \*WeAreWarriors

# WISCONSIN 2020 VOLLEYBALL CAMPS



**26 AVCA ALL-AMERICANS IN SEVEN YEARS** 

NATIONAL FINALISTS (2019, 2013) | ELITE 8 (2018, 2016, 2014) | ROUND OF 16 (2017, 2015) | BIG TEN CHAMPIONS (2019, 2014)



#### LITTLE BADGERS I & II

Ages 4-8 | May 28-29, May 30-31

#### JUNIOR BADGERS I & II

Ages 8-11 | May 30-31

### BADGER ADVANCED COLLEGE PREP CAMP

Girls grades 7-12 July 6-8

#### OVERNIGHT TEAM CAMP

July 10-12

#### **ONE-DAY TEAM CAMP**

July 12

#### **BADGER CAMP**

Girls grades 7-12 | July 15-17

#### BADGER ALL SKILLS YOUTH CAMP

Boys & Girls grades 4-8 July 15-17

#### **POSITION CAMPS I & II**

Girls grades 6-12 | July 18, 19

#### **SERVING CAMPS I & II**

Girls grades 6-12 July 18, 19

Register at UWCamps.com/Volleyball

Wisconsin camps are open to any and all entrants.



# **SUMMER CAMP SCHEDULE**



VOLLEYBALL

5/2 Prospect ID Clinic

7/10-11 All Skills Camp

volleyball.wlcsportscamps.com

7/13-14 Wee Warriors Camp

7/13 Defense/Passing Clinic

7/14 Setting/Ball Control Clinic

7/15 Attacking/Blocking Clinic

7/24/26 High School Team Camp





7 OPPORTUNITIES TO TRAIN WITH THE WARRIORS!

# 2020 YOUTH VOLLEYBALL SUMMER CAMP

#### CAMP COST INCLUDES:

Excellent individual & team instruction
Daily leadership training exercises
Mentoring in positive character development
5:1 camper to coach ratio

Free Season Passes to TIU Volleyball home games Daily breakfast, lunch, and dinnner Camp T-Shirt

Information for all campers about TIU

#### TOTAL COST:

\$235 COMMUTER CAMP \$265 OVERNIGHT CAMP

#### QUESTIONS?

Please contact Head Coach Luke Ward Isward@tiu.edu | 847.317.6486

For additional information and to Register: tiutrojans.com/tiuvolleyballcamp

#### FACILITIES & STRUCTURE:

Camp will be held in Trinity International University's VAN DIXHORN ARENA—the home for TIU's basketball and volleyball teams.

Students will be provided meals inside the Waybright Center, where TIU students eat when on campus.



#### STAFF:



Luke Ward Head Coach



Becky Eller Assistant Coach



Hannah Marshall Graduate Assistant



TRINITY INTERNATIONAL UNIVERSITY 2065 HALF DAY ROAD DEERFIELD, IL 60015



#### CAMP SCHEDULES

#### **OPENING DAY**

4:00 – 6:00 pm Check-in 6:15 – 8:45 pm Evening Session

#### **FULL CAMP DAY(S)**

9:00 – 11:45 am
2:00 – 4:30 pm
6:30 – 8:30 pm
Evening Session
Evening Session

#### **CLOSING DAY**

9:00 – 11:30 am
1:30 – 4:00 pm
4:00 pm
4:00 pm
4:30 – 5:30 pm

Morning Session
Final Session
Awards Ceremony
Check-Out

#### **REGISTER TODAY!!!**

CAMP 1 – JUNE 10-13, 2020 GIRLS ALL SKILLS CAMP #1 (GRADES 4-12)

CAMP 2 – JUNE 14-16, 2020 GIRLS COMPETITION CAMP (GRADES 6-12)

CAMP 3 – JULY 8-10, 2020 GIRLS ELITE POSITIONAL/ID CAMP (GRADES 7-12)

CAMP 4 – JULY 13-16, 2020 GIRLS ALL SKILLS CAMP #2 (GRADES 4-12)

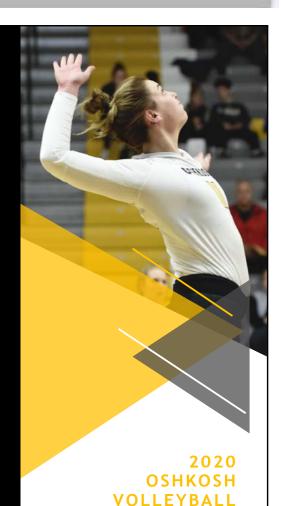
CAMP 5 – JULY 30-AUG 2, 2020\* BOYS INDIVIDUAL/TEAM CAMP (GRADES 6-12)

CAMP 6 – AUGUST 5-8, 2020\*
GIRLS INDIVIDUAL/TEAM CAMP
(GRADES 6-12)

\*MAIL IN ONE PACKET THAT INCLUDES A REGISTRATION FORM AND PAYMENT/DEPOSIT FOR EACH CAMPER.

"At Oshkosh, we dedicate our summer to running what we feel is an extension of our program. We want out campers to work hard, be disciplined, learn, connect with others, and have fun! It would be an honor to show you what Oshkosh Volleyball is all about. I hope to see you this summer!"

Jon Ellmann Head Women's Volleyball Coach



UWOSHKOSHSPORTSCAMPS.COM

CAMPS

# **2020 MARQUETTE VOLLEYBALL CAMPS**



More information / register online at

marquettevolleyballcamps.com

Questions? E-mail jessica.sabey@marquette.edu

# MEN'S VOLLEYBALL NORTH CENTRAL COLLEGE

JULY 11 -JULY 13

#### **REGISTRATION LINK:**

https://www.northcentralcollege.edu/summercamps

#### **CONTACT US:**

Head Coach Kyle Exline

krexline@noctrl.edu

Assistant Coach Sydney Cheatham secheatham@noctrl.edu

#### SUMMER CAMP OR CODE





# WOMEN'S VOLLEYBALL NORTH CENTRAL COLLEGE

JULY 13 -JULY 15

#### **REGISTRATION LINK:**

https://www.northcentralcollege.edu/summercamps

#### **CONTACT US:**

Head Coach Kyle Exline krexline anoctri.edu Assistant Coach Sydney Cheatham secheatham@noctrl.edu

#### SUMMER CAMP OR CODE





SIORS WANTED × CLTW WARRIORS WANTED

# volleyball camps

The passionate and knowledgeable coaches and Blugold players teach fundamentals and advanced skills through fun and organized drills, team play, and effective demonstration.

#### Middle School Skills Camp

ENTERING GRADES 6-8 | July 5-7, 2020

\$250\* | overnight, meals included

\$185\* | commuter, lunch and dinner included

#### **Setter-Hitter Clinic**

ENTERING GRADES 7-10 | July 8, 2020

\$90\* | commuter, meals not included

#### **Defensive Specialist/ Libero Clinic**

ENTERING GRADES 8-12 | July 9, 2020

\$90\* | commuter, meals not included

#### College Prospect Camp\*

**ENTERING GRADES 10-12** | July 10-11, 2020

**\$150\*** | overnight, meals included, limited to 30 campers

#### **High School Skills Camp**

ENTERING GRADES 9-12 | July 12-14, 2020

\$250\* | overnight, meals included

**\$185\*** | commuter, lunch and dinner included

#### **Advanced Setter-Hitter Clinic**

**ENTERING GRADES 10-12** | July 15, 2020

**\$90\*** | commuter, meals not included

#### **Youth Skills Clinic**

ENTERING GRADES K-3 | July 16-17, 2020 **ENTERING GRADES 4-6** July 16-17, 2020

\$60\* | commuter, meals not included

\* fees listed are for registration by June 15



University of Wisconsin Eau Claire

uwec.ly/vballcamp

# 2020 CARROLL PIONEER VOLLEYBALL CAMPS

Carroll Pioneer Volleyball is proud to continue our tradition of several camp opportunities for local athletes. Our summer camps offer opportunities for athletes of all ages and skill levels to focus on fundamental and skill development. Whether you are just beginning in the sport or at an advanced level, we have a camp for you to improve your volleyball and athletic skill.

Camp for 5K-5th Grade Boys and Girls - Free T-shirt! JULY 20-23, 2020: 9-11:30 a.m., \$80

For boys and girls looking to learn basic volleyball and sport related movements and techniques. Play fun games that teach volleyball mechanics and fundamentals. Beginner Level

ll Camp for 5-9th Grade Girls - Free T-shirt! AUG. 3-6, 2020: 9-NOON, \$90

For any player looking to improve their passing, serving and defensive techniques. Learn about specific skills needed to become a stronger passer or learn how to play the libero position. All positions welcome. A great camp to get ready for fall school tryouts. Beginner and Intermediate Level

all Camp for 5-9th Grade Girls - Free T-shirt! AUG. 3-6, 2020: 1-4 p.m., \$90

For players looking to improve their attacking and blocking skills. Work on blocking, approach and transition footwork, as well as armswing and blocking mechanics. Get an abundant amount of reps and learn the specific skills needed to become a more consistent attacker and blocker. Beginner and

all Camp for 5-9th Grade Girls - Free T-shirt! AUG. 3-6, 2020: 1-4 p.m, \$90

For players looking to improve their fundamental setting skills. Get plenty of setting reps along with the knowledge needed to move to the next level. Beginner and Intermediate Level.

AUG. 8, 2020: 9 a.m.-4:30 p.m., \$65

A unique camp server.

A unique camp experience for players interested in playing at Carroll University or at the collegiate level specializing in position specific skills and drills.

Add \$10 to each registration after June 1. Multiple Camper Discount: \$10 off. Registration and More information at





# 2020 SUSIE JOHNSON VOLLEYBALL



# **CAMP OFFERINGS**

#### **YOUTH CAMP**

JULY 21-23 | 9 AM - 12 PM Grades K-3 | Klotsche Center \$115

#### **COLLEGE ID CAMP**

JULY 24 | 9 AM - 3 PM Grades 9-12 | Klotsche Center \$95

#### **DAY CAMP**

JULY 21-23 | 9 AM - 3 PM Grades 4-10 | Klotsche Center \$230

#### POSITION CAMP

ATTACKER, SETTER, PASSER & DEFENDER
JULY 31 | 9 AM - 3 PM
GRADES 5-12 | KLOTSCHE CENTER
\$95

#### HIGH SCHOOL TOURNAMENT

JULY 27-28 | 9 AM - 5 PM KLOTSCHE CENTER COMMUTER \$130 | RESIDENT \$230

#### **SERVING CAMP**

JULY 31 | 6 - 7:30 PM
ALL AGES | BOYS & GIRLS | KLOTSCHE CENTER
\$45

**AdversityWisconsin.org** 

adversitywisconsin@gmail.com

Facebook.com/AWVBCC

**NEW in 2020:** We are building all 7 week summer programs around AAU Nationals & WIAA Tryouts. This will allow area club players a chance to train after nationals are over and to develop skills and confidence leading up to high school tryouts on Monday August 17<sup>th</sup>. All summer camp coaches are IMPACT or SAFESPORT certified.

#### Summer Series Days June 29 - August 13 \$375

This 7 week instructional program offers an approach to all skills within a competitive environment.

| SESSION | LOCATION | GENDER | GRADE IN FALL | DAYS               | TIME            |
|---------|----------|--------|---------------|--------------------|-----------------|
| 1       | ATC      | COED   | Grades 2-3    | Monday & Wednesday | 7:30-9:30am     |
| 2       | ATC      | COED   | Grades 4-5    | Monday & Wednesday | 7:30-9:30am     |
| 3       | ATC      | COED   | Grades 6-8    | Monday & Wednesday | 10:00 – 12:00pm |
| 4       | ATC      | COED   | Grades 6-8    | Monday & Wednesday | 1:00 - 3:00pm   |
| 5       | ATC      | GIRLS  | Grades 9-12   | Tuesday & Thursday | 7:30 – 9:30am   |
| 6       | ATC      | GIRLS  | Grades 9-12   | Tuesday & Thursday | 10:00 – 12:00pm |
| 7       | ATC      | GIRLS  | Grades 9-12   | Tuesday & Thursday | 1:00 - 3:00pm   |
| 8       | ATC      | GIRLS  | Private Group | Tuesday & Thursday | 1:00 - 3:00pm   |

#### Summer Series Nights June 29 - August 13 \$375

This 7 week instructional program offers an approach to all skills within a competitive environment.

|         |          |        |               | _                  |               |
|---------|----------|--------|---------------|--------------------|---------------|
| SESSION | LOCATION | GENDER | GRADE IN FALL | DAYS               | TIME          |
| 9       | ATC      | COED   | Grades 4-7    | Monday & Wednesday | 7:00 – 9:00pm |
| 10      | ATC      | GIRLS  | Grades 8-11   | Tuesday & Thursday | 7:00 – 9:00pm |

#### Position Specific Fridays June 26 – August 14 \$225

This 7 week session is for serious athlete's that want to focus on their position of choice & strength.

| SESSION | LOCATION | GENDER | GRADE IN FALL | POSITION SPECIFIC    | TIME            |
|---------|----------|--------|---------------|----------------------|-----------------|
| 11      | ATC      | GIRLS  | Grades 8-11   | Defense & Setting    | 7:30-9:30am     |
| 12      | ATC      | GIRLS  | Grades 8-11   | Attacking & Blocking | 10:00 – 12:00pm |
| 13      | GSP      | GIRLS  | Grades 8-11   | Defense & Setting    | 7:30 – 9:30am   |
| 14      | GSP      | GIRLS  | Grades 8-11   | Attacking & Blocking | 10:00 – 12:00pm |
| 15      | TBA      | TBA    | TBA           | TBA                  | TBA             |
| 16      | TBA      | TBA    | TBA           | TBA                  | TBA             |

\*\*\*No training on July 3<sup>rd</sup> in Honor of our Nation's Independence\*\*\*

#### Locations:

Adversity Training Center N113 W18750 Carnegie Drive Germantown, WI 53022

# Germantown Sand Program W160 N9998 Colonial Drive

Germantown, WI 53022

#### To Be Announced

Contact us & have our positional training delivered to a site near you!

Fees are Non-Refundable: Spots filled by grade on a 1st come, 1st serve basis. Visit: Adversity Wisconsin.org email adversity wisconsin@gmail.com for all required forms.



- Campers receive Sting camp t-shirt for multiday camps.
- Snacks and drinks are available at concessions in-between camps.
- Sting camps are for current and non-sting players of all age and skill.
- Athlete Performance training sessions available for signup alongside summer camp options.



All camps located at the Milwaukee Sting Center (MSC) N54W13904 Northpark Drive Menomonee Falls, WI 53051 (262) 439-9179

Camp Director **Taylor Morey** taylor@milwaukeesting.com



|       | Camp Name              | Age Divisions     | Gender | Camp Sessions                            | Times        | Cost Per Session |
|-------|------------------------|-------------------|--------|--|--------------|------------------|
|       | Passing Camp #1 & #2   | 7th-8th, 9th-12th | Girls  | June: 15, 16, 17, 18 Aug: 10, 11, 12, 13 | 9a - 10:30a  | \$35.00          |
| Skill | Setting Camp #1 & #2   | 7th-8th, 9th-12th | Girls  | June: 15, 16, 17, 18 Aug: 10, 11, 12, 13 | 11a - 12:30p | \$35.00          |
|       | Attacking Camp #1 & #2 | 7th-8th, 9th-12th | Girls  | June: 15, 16, 17, 18 Aug: 10, 11, 12, 13 | 11a - 12:30p | \$35.00          |
| Group | Defensive Camp #1 & #2 | 7th-8th, 9th-12th | Girls  | June: 15, 16, 17, 18 Aug: 10, 11, 12, 13 | 1p - 2:30p   | \$35.00          |
| Camps | Serving Camp #1 & #2   | 7th-8th, 9th-12th | Girls  | June: 15, 16, 17, 18 Aug: 10, 11, 12, 13 | 3p - 4p      | \$25.00          |

Skill Group camps are separate 90 min high rep sessions focusing on technical skill training Each date shown above is a separate date and session. Sign up for as many or few as you like.

|         | Camp Name          | Age Divisions | Gender | Camp Sessions | Times         | Cost Per Session |
|---------|--------------------|---------------|--------|---------------|---------------|------------------|
|         | Youth Club Camp #1 | K - 2nd       | Coed   | June 22-24    | 5p - 6p       | \$50.00          |
| Youth   | Youth Club Camp #1 | 3rd - 4th     | Coed   | June 22-24    | 6:15p - 7:30p | \$75.00          |
| 1 Cutil | Youth Club Camp #2 | K - 2nd       | Coed   | August 17-19  | 5p - 6p       | \$50.00          |
| Camps   | Youth Club Camp #2 | 3rd - 4th     | Coed   | August 17-19  | 6:15p - 7:30p | \$75.00          |

Youth Camps focus on the introduction of fearning the skills of volleyball through drills, games, 4x4 competition and fun! Each camper receives a Sting camp t-shirt.

|       | Camp Name                  | Age Divisions              | Gender | Camp Sessions | Times                       | Cost Per Session |
|-------|----------------------------|----------------------------|--------|---------------|-----------------------------|------------------|
|       | Serve Pass Dig Set Camp    | 4th-6th, 7th-8th, 9th-12th | Girls  | July 13-16    | 9a - 11:30a                 | \$150.00         |
| C     | Attack & Block Camp        | 4th-6th, 7th-8th, 9th-12th | Girls  | July 13-16    | 12:30p - 3p                 | \$150.00         |
| Combo | Serve Pass Camp #1 or #2   | 4th-6th, 7th-8th           | Girls  | July 27-28    | 8a - 10a or 10:30a - 12:30p | \$95.00          |
| Skill | Serve Pass Camp #3         | 9th-12th                   | Girls  | July 27-28    | 1p - 3p                     | \$95.00          |
|       | Defensive Camp             | 4th-6th, 7th-8th, 9th-12th | Girls  | July 29-30    | 9a - 11:30a                 | \$95.00          |
| Camps | Attack, Block, Defend Camp | 4th-6th, 7th-8th, 9th-12th | Girls  | July 29-30    | 12:30p - 3p                 | \$95.00          |

Combo Skill Camps are for all ages and all levels of skill. Lots of feedback and drill work for players during these camps. Most players will combo the camps and attend morning anad afternoon.

|          | Camp Name                      | Age Divisions     | Gender | Camp Sessions   | Times                      | Cost Per Session |
|----------|--------------------------------|-------------------|--------|-----------------|----------------------------|------------------|
|          | Sting Libero School            | 7th-8th, 9th-12th | Girls  | July 20-22      | 9a - 11:30a or 12:30p - 3p | \$125.00         |
|          | Sting Setter's Camp            | 7th-8th, 9th-12th | Girls  | July 20-22      | 9a - 11:30a or 12:30p - 3p | \$125.00         |
| Position | Sting OH/RS Camp               | 7th-8th, 9th-12th | Girls  | July 20-22      | 9a - 11:30a or 12:30p - 3p | \$125.00         |
| Camps    | Sting Middle Camp              | 7th-8th, 9th-12th | Girls  | July 20-22      | 9a - 11:30a or 12:30p - 3p | \$125.00         |
| Gamps    | Sting Elementary Position Camp | 4th-6th           | Girls  | July 23 (1 day) | 9a - 11:30a / 12:30p - 3p  | \$125.00         |

Sting position camps focus on training the skils and tactics of the positions offered. Position camps are not for the beginer player. Players should have an introductory knowledge of the position. Position camps fill up fast!

|             | Camp Name                 | Age Divisions | Gender | Camp Sessions | Times       | Cost Per Session |
|-------------|---------------------------|---------------|--------|---------------|-------------|------------------|
|             | Junior Competition Camp   | 4th - 6th     | Girls  | August 3-6    | 12:30p - 3p | \$150.00         |
| Competition | Advanced Competition Camp | 7th - 8th     | Girls  | August 3-6    | 9a - 11:30a | \$150.00         |
| Camps       | Elite Competition Camp    | 9th - 12th    | Girls  | August 3-6    | 12:30p - 3p | \$150.00         |

Sting competition camps are our most popular camp! Players are put through competitive drills that help prepare them for fall school tryouts and give Sting coaches an early preview of players are put through competitive drills that help prepare them for fall school tryouts and give Sting coaches an early preview of players are put through competitive drills that help prepare them for fall school tryouts and give Sting coaches an early preview of players are put through competitive drills that help prepare them for fall school tryouts and give Sting coaches an early preview of players are put through competitive drills that help prepare them for fall school tryouts and give Sting coaches an early preview of players are put through competitive drills that help prepare them for fall school tryouts.

|         | Camp Name                     | Age Divisions              | Gender | Camp Sessions  | Times         | Cost Per Session |
|---------|-------------------------------|----------------------------|--------|--|---------------|------------------|
|         | Sting Serving Camp #1         | 4th-6th, 7th-8th, 9th-12th | Girls  | July 14  | 3:30p - 4:30p | \$25.00          |
| Serving | Sting Serving Camps #2        | 4th-6th, 7th-8th, 9th-12th | Girls  | July 23  | 3:30p - 4:30p | \$25.00          |
| Camps   | Sting Serving Camp #3         | 4th-6th, 7th-8th, 9th-12th | Girls  | July 30  | 3:30p - 4:30p | \$25.00          |
| ouiiip3 | 12.100141.23.1114.001.23.1114 |                            |        | ti to the state of |               |                  |

Serving camps are 60 minute camps that provide technical feedback and large amount of reps with the skill of serving. Standing float serve, jump float serve and jump topspin serve are all covered.

|       | Camp Name   | Age Divisions                               | Gender               | Camp Sessions  | Times                                   | Cost Per Session         |
|-------|---|---|----------------------|--|---|--------------------------|
|       | Skill Group Passing Camp #1 & #2                    | 7th-8th, 9th-12th                           | Boys                 | June 16 and Aug: 11                                      | 9a - 10:30a                             | \$35.00                  |
|       | Skill Group Setting Camp #1 & #2                    | 7th-8th, 9th-12th                           | Boys                 | June 16 and Aug: 11                                      | 11a - 12:30p                            | \$35.00                  |
|       | Skill Group Attacking Camp #1 & #2                  | 7th-8th, 9th-12th                           | Boys                 | June 16 and Aug: 11                                      | 11a - 12:30p                            | \$35.00                  |
| Boys  | Skill Group Defensive Camp #1 & #2                  | 7th-8th, 9th-12th                           | Boys                 | June 16 and Aug: 11                                      | 1p - 2:30p                              | \$35.00                  |
| Camps | Sting All Skill Competition Camp                    | 4th-6th, 7th-8th, 9th-12th                  | Boys                 | August 1-2   | 9a - 11:30p / 1p-3:30p                  | \$150.00                 |
| Camps | Sting Boys ETG Camps                                | 6th-8th, 9th-12th                           | Boys                 | July 14, July 21, July 28, Aug 4                         | 6-7:30p                                 | \$50.00                  |
|       | 79 70   |   |                      | 935 - 39 - 39  |   |                          |
|       | Skill Group camps are separate 90 min high rep sess | ions focusing on technical skill training E | ach date shown above | is a separate date and session. All Skills Competition C | amp is a 2 day camp with lunch break on | both days. ETG Camps are |

smaller group trainign sessions to provide stronger coach to player feedabck.





























# **NORTHWESTERN VOLLEYBALL SUMMER CAMPS**

LED BY 2X NATIONAL CHAMPION HEAD COACH SHANE DAVIS

### Sign up today for our 2020 Camps!

- -Wildcat Elite Camp July 10-12 | Girls entering grades 7-12
- -Middle School Camps | Open to Girls and Boys
- -Little Cats Youth Camps | Open to kids as young as 4!
- -Team Camp July 17-19 | Come with your whole HS team!
- -Positional Camps



Explore our beautiful lakefront campus.
Experience B1G Ten Volleyball training in our brand new, state-of-the-art facilities. Have fun and create lifelong memories with the Wildcats!





# NORTHWESTERNVOLLEYBALLCAMPS.COM

(CAMPS OPEN TO ANY AND ALL PARTICIPANTS, LIMITED ONLY BY ENROLLMENT NUMBERS/AGE/GRADE/GENDER).

