



# THE BADGER BEACON

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## 2017-18 club season officially arrives

Sept. 1 marked the start of the 2017-18 club volleyball season according to the USA Volleyball calendar.

And with that comes the opportunity for athletes, coaches, directors, officials and parents to start taking care of various requirements to get ready for the club season.

For starters, coaches, officials, tournament and club directors can purchase their adult memberships and request a background screening after Sept. 1.

Athletes may also begin purchasing memberships for the 2017-18 as of Sept. 1, too. However, the Badger Region highly recommends athletes purchase a tryout membership for \$10, then upgrade to the full

membership for an additional \$40 once they have received an offer from a club.

Tune-up membership (which cannot be used for tryouts) may also be purchased on or after Sept. 1.

In addition to membership now being available for players, coaches and staff, Sept. 1 marks the first date that club directors can begin registering their clubs with the Badger Region.

In lieu of a mandatory junior club director meeting, all club directors and tournament directors this year are required to watch a handful of modules before they register their club or tournament with the Region.

If you are a club director or tournament director and need help finding these modules

in your Webpoint/USAV Academy, email [brian@badgervolleyball.org](mailto:brian@badgervolleyball.org).

Once directors watch the required online courses, they will be able to register their club with the Region. The new information sheet requires clubs to upload their organization's refund policy and conflict resolution policy.

Club and tournament directors will also be able to request Certificates of Insurance for their tournament and practice facilities after watching the various modules.

For any questions relating to membership, insurance or other Badger Region services, don't hesitate to reach out at [membership@badgervolleyball.org](mailto:membership@badgervolleyball.org).

Good luck this season!

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### Badger Board meeting Sunday

The Badger Region Board of Directors will meet at 3 p.m. Sunday (Sept. 17) at the office in Pewaukee.

If you have a topic you would like to see discussed, contact your area representative.

Topics slated for discussion include the 2017-18 budget, a proposal to form a tryout committee, an update to the bylaws and much more.

Have questions? Email [jarmsondyer@badgervolleyball.org](mailto:jarmsondyer@badgervolleyball.org).

## SEASONS OF CHANGE?

### Sorting through differences between high school and club volleyball

By Sara Voigt  
Badger Region  
Program Specialist

Club volleyball and high school volleyball — two different worlds?

Are club and high school volleyball so different or are they similar?

What do you like or don't like about one over the other?

The Badger Region recently reached out to our dedicated Facebook followers and asked for some help on this timely topic.

We received some very enlightening and thoughtful responses from different core groups of people. Today, let's focus on one of our most important groups, "The Parents."

Parents love watching their child compete with their hometown friends.

Damien Evans, a parent of a high school player and a club volleyball coach added, "As a parent, I love seeing the commu-



The Badger Region Volleyball Association helps to organize and oversee the WYVL, which started Sept. 9 at Center Court in Waukesha.

nity support and school pride of high school volleyball. The technique and execution may not be as crisp as club ball all the time, but it's still a heck of a lot of fun to watch neighborhood

boys fall in love with the sport and develop as players. From my son's perspective, he loves playing with the talented players on his

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This year, the WYVL features 20 boys teams.

FROM PAGE 1

club team and competing at the highest levels, but in high school, there is something special to him about playing with his friends and representing his school.”

Trish Kapelke likes the challenge the high school team brings her daughter, who plays multiple positions.

“I like that players often get a different experience in high school,” Kapelke said. “I love our club, and it has prepared our daughter wonderfully! But, when she gets to the high school team, they have different needs. She has played outside, 6-2, 5-1, right side; I think it is great that she is challenged outside of her comfort level and given a different role on the high school team. I think it makes her a better player. I also love the crowds, the school spirit, and newspaper articles that come with the high school season. What I don’t love are the long bus rides, the 6 a.m. practices, and the strange politics that seem to pop up.”

The feeling of family is perpetuated on the high school team for Michelle Polaski Thiel’s daughter.

“My daughter played outside and defensive specialist for club. In high school, her coach thinks she’s too short to play front row. So, she has played defensive specialist and this year, libero. She loves to hit so she appreciates the differences in club versus school. School team is called ‘the family’ which shows how they feel about each other. I love that she has played on higher level club teams

but also gets the comfy atmosphere of the ‘fam’ at school. Both win!”

Kathie Higgins Rosene prefers high school and loves that her daughter is part of a team!

“I prefer high school!! Club is good and fun — Nice parents and we are not on the highest level team either — it’s OK,” Rosene said.

She, too, talked about representing your area.

“High school is community!” Rosene added. “High school is friendships that I have developed since kindergarten and grown all these years! Although there are different levels playing in high school versus club, which is usually similar levels of talent, it is still super enjoyable and my daughter is not even always on the court!! We just love being part of the team!!”



The number of boys teams in the Badger Region continues to grow.

“High school is community! High school is friendships that ... developed since kindergarten and grown all these years! Although there are different levels playing in high school versus club, which is usually similar levels of talent, it is still super enjoyable and my daughter is not even always on the court!! We just love being part of the team!!”

Kathie Higgins Rosene



Have a comment? Want to join the conversation? Check us out at [www.facebook.com/BadgerRegionVolleyball](http://www.facebook.com/BadgerRegionVolleyball)

New topics every week!

# New officials needed for 2017-18 season

By Jim Momsen

Badger Region Ref Chair

Do you like to be a part of a successful group/organization?

Do you enjoy a challenge?

Would some extra income help you achieve some goals?

Do you enjoy the game of volleyball?

Badger Region is in need of officials for the upcoming season.

The growth of volleyball in Wisconsin, and the United States, has created a shortage of officials for USAV Club, High School, and NCAA volleyball.

Interested?

There are many ways to get involved:

## Serve United

Become a Badger Region club parent and work as a volunteer line judge, scorer, and/or libero tracker during your child's matches through the Badger Region's Serve United program. It's a great way to test the waters of officiating. More information can be found on the Badger Region website at <http://badgervolleyball.org/serve-united-2/>.

## Certified USAV referee

Want to wear a whistle?

Become a Badger Region



Member and become a certified USAV Referee. You will receive training and mentorship from some of the best referees in the business. Many of our cadre have officiated high level matches including USAV National Championships, NCAA Conference Championships, and NCAA National Championship Tournament matches.

One of our Badger Region officials worked the Women's Gold Medal match in the 2016 Rio Olympics. Their goal is to help you be successful.

Training includes classroom clinics, e-learning modules, on-court practice, and mentoring from clinicians and peers. There are constant opportunities to

learn and develop.

## NCAA aspirations?

Aspire for more?

Most of the officials that you see working at local and national NCAA events got their start in USAV working juniors' events. As they gained experience, confidence, and demonstrated proficiency, they were given opportunities to officiate more challenging matches and advance to the NCAA level.

When and where will the training be conducted?

Our in-person Referee training clinics are currently being scheduled. Typically they are held during November and December



## FROM THE REF STAND

to prepare for the start of the tournaments in January.

Locations for in-person clinics include Center Court in Waukesha, UW-Whitewater, UW-Oshkosh, UW-Eau Claire, UW-Parkside, and Madison College. Check the Badger Region website under Officials / Professional Ref Clinics for dates, times, and direct links to registration on WebPoint.

Also note that we are in the process of restructuring the Certifying as a Referee webpage in an effort to make it easier to understand and navigate.

If you are interested in this exciting and challenging opportunity, please contact me at [BadgerRefChair@yahoo.com](mailto:BadgerRefChair@yahoo.com) and we'll add you to our interested parties list so we can send you updates as schedules take shape.

Thank you again for all of your efforts to make volleyball better and more enjoyable for everyone!

See you on the courts!

*Have an officiating topic that you would like to see Badger Region Referee Chair Jim Momsen tackle in a future column? Email [brian@badgervolleyball.org](mailto:brian@badgervolleyball.org) and we'll relay the message to him.*

# WYVL sets record for number of teams, boys

The Wisconsin Youth Volleyball League got off to a great start Sept. 9-10 in Waukesha.

The Center Court Sport Complex hosted the opening weekend of WYVL with 123 teams competing in some intense battles at the middle school age level.

The league has grown from 98 teams in 2016 to 123 in 2017, with 103 girls teams and 20 boys teams.

Some new additions to the league include teams from the Franklin, Arrowhead and Germantown school districts.

"The best part of the WYVL is the league gives all kids a chance to play and be part of team from their hometown," said Badger Region program specialist Sara Voigt who helps oversee the program.

Stop on out at Center Court and cheer on some of your local favorites, watch some fantastic competition and meet new people.

The fifth and sixth grade teams play every Saturday and the seventh and eighth grade teams play every Sunday though the end of October. Game play starts at 8:00 a.m. on

both Saturday and Sunday and runs all day.

The season finishes with an end-of-season tournament on October 28 and 29.

In conjunction with this week's WYVL event, there will be a club volleyball open house from noon to 3 p.m. on Sunday, Sept. 17, at Center Court. The regular season matches are free for spectators. As is the Club Volleyball Open House.

All WYVL participants (coaches and players) are members of USA Volleyball/Badger Region.

# From 'folding' to changing your culture

By BJ Le Roy  
Badger Region Northeast Rep

"Seeming" to fold is a problem in my mind; I'd want to "know" we had been folding. Maybe in four of the last five matches we held leads late in games and lost. I'd search for a pattern. Maybe it's a rotation we get stuck in, and it's not really mental, but simply talent.

On the mental side, Dan Mickelle is helping me understand it better (pro beach coach). He likes to say, mental flexibility. Which to me is like, this is the situation we're in...how can we improve it? What can we do to make it better? What are our options? That line of thinking seems to take the pressure off, focus more on what to do. It's my opinion that setting the score to 23-23 in practice just isn't going to help that much, it doesn't transfer. Maybe we could work harder on releasing the pressure at the match, rather than building the pressure at practice.

## Question: What's the perfect drill that will teach my players to pass 3.0 the rest of season?

Well when we're done working on passing, we work on passing. As a coach I haven't tossed a ball for several seasons, every drill starts with a serve. It's not so much the drills, but the motivation. Do you want to hit? Ok, pass better. Marv Dunphy says...the best passing drill is a pass-set-hit drill, the best setting drill is a pass-set-hit drill...Good mechanics and lots of reps with the hitting carrot on the end.



## Question: Your most talented player doesn't work that hard, is lazy and selfish but still better than the 5'2" backup player. What's a conversation you might have to get that player to change?

My first question to him is, Does success matter to you? If it doesn't, we're lost, and I might need to lose this player. But if it does, then I'd ask, do you see yourself as a leader? Whether you do or don't, you're leading this team and I can't control that. If those lesser talented players decide to follow you, and play with your level of enthusiasm, then they can't succeed at the same rate as you, and we're going to lose points simply due to your leadership. It's up to you. Your style of play will determine how much success you want your team to have.

## Question: "Mean girls (or boys)" or cliques — how do you address this?

Mean stops immediately, you'd get asked to leave the gym and we'll talk later about how that's going to change. I'd ask, what's the point, why is that player so threatening to you that you need to be mean, are you insecure about your play or your role on the team? If not, maybe you



should be, because if you continue to be mean, you won't be around. Now...how can we work together to help you be nicer?

One of the sitting team players told us, at HP (paraphrasing); "I wouldn't be friends with all these players outside volleyball. Yet somehow we won a gold medal together. We need each other for the mission we're on, so we work together." As coach, I don't mind natural friendships that develop off the court. On the court, I select teams so that everyone has to work with everyone, and if you're keeping track of score, they will work together in the gym, which is what I care about.

## Question: I have to lead my first parent meeting! What do I say are my expectations for the season? How do I figure out my coaching philosophy?

You have to develop your philosophy long before the season, when you're sane. Write it down, put it away, go see some volleyball or go to a clinic and then re-visit your philosophy. Edit it every season because it will change. Let your boss see it. So many people are afraid to write it down and make it public, which is silly because you're going

to show your philosophy anyway, by the way you play. So why not write it, send it out, and let them in on the secret. Helps you stick to it.

So the parent meeting; send the philosophy before the meeting, explain the big rocks first like playing time/communication/schedule/time commitment, then hit the rules that must be followed, and I'd quickly head into social setting to hit more one on one conversations.

## Question: I went to two coaching clinics and they taught completely different techniques. Which is right? Who do I believe?

For me it's two questions. Why, and how do we know. Why are we doing this drill or technique, and how do we know it's best? You've got to prove it to me before I'm going to automatically do it. Portland coach Brent Crouch has a great philosophy on this: He asks if you're going to blindly follow authority, or coach how you were coached or simply hope you're right. What is the best?

I follow a lot of what Carl McGown says, and the reason is he was able to demonstrate why something worked. He had done the study, so I know his process and trust him to be an authority. On my team, I still have to do some counting or tracking to see if those things he found work best for us. If I see that the Olympic champions did agility ladders, I'm not automatically doing them, because I don't trust that they work. You've got to prove it, and no one has yet so we don't use them.

## When are tryouts?

Tryouts for girls 14-and-under can take place any time on or after Oct. 7. The first commitment date (for athletes who played for the same club in the 2016-17 season) will be 9 p.m. Oct. 10. The second commitment date is Oct. 12.

Tryouts for girls 15-and-older will be on Nov. 11 with the first commitment date on Nov. 14. The second commitment date is Nov. 16.

Boys 14-and-under can tryout on Nov. 17, and boys 15-and-older can try out on Nov. 18. The first commitment date for boys is Nov. 21, and the second is Nov. 22.

## Center Court Open House Sept. 17

The annual Center Court Open House will take place from noon to 3 p.m. on Sunday, Sept. 17, at the facility located at 815 Northview Road in Waukesha.

There, clubs from around southeast Wisconsin will set up tables and offer parents and athletes the opportunity to meet directors and coaches as well as learn about what their club has to offer.

The event is free to attend.

Clubs looking to set up a table at the event need to contact Center Court

director Tom Jurczyk at tom@center-courtwis.com or call 262-548-3838. A fee does apply to set up a table at the open house.

Badger Region staff members will also be on site to help answer questions about the upcoming club volleyball season.

A separate boys club open house will take place in early November at a location and date that is yet to be determined.

# Uniform requirements changing in near future

Available now on VolleyballRefTraining.com is a new multi-media module on uniform requirements for USAV events.

The presentation, built through collaboration with the USAV Officials Commission and regional leadership, provides the most current information and examples of pitfalls to avoid.

To view the material (less than 10 minutes long), go to [https://volleyballreftraining.com/rules\\_interpretations\\_indoor.php](https://volleyballreftraining.com/rules_interpretations_indoor.php).

In addition, USA Volleyball has included an accompanying PDF download that can be provided to vendors/designers.

We strongly advise all teams and clubs that are looking to purchase uniforms for the 2017-18 season to consult this resource before finalizing designs. A wise investment of 10 minutes.

Some of the big changes that are coming down the pipeline include:

\* Effective in the 2018-19 season, the entire number, even if outlined, must contrast with the jersey. That means if you have a black jersey, you cannot put a blue number on the jersey outlined with a white border. The jersey number and the number itself must be clearly contrasting.

\* The placement of the number must be centered on the chest (between neck to sternum) on the front of the jersey. On the back of the jersey, the number must be centered on the back. This becomes problematic if the athlete's last name or team name are placed above the number, pushing the digit too low.

\* Color combinations that need to be avoided for libero contrast purposes:

1. Black/navy
2. Red/maroon/burgundy
3. Black/dark green
4. White/yellow
5. Navy/maroon
6. Black/dark blue/dark gray
7. Medium/dark gray
8. Red/orange

If you ever have questions if your jerseys meet the USAV requirements, take a photo of both jerseys in the same photo and make it a black/white (grayscale/monochrome) image and try see if they are easily differentiated.

You can also email any photos to [brian@badgervolleyball.org](mailto:brian@badgervolleyball.org) and they will be passed on to the Badger Region Ref Chair for determination for in-Region use.



Fox West Warriors 13U

## New program gives coaches additional mentoring, training

*"The best way to learn is through a good mentor."*

Over the next few years, the Badger Region will help deliver information to coaching mentors throughout the region, to help the next generation of coaches get better, faster. We want to help place our experienced coaches in a position to share their knowledge, see new coaches in action, and guide coaches toward proven methods.

The region has five FREE mentor-training clinics to give away. At each two-hour clinic, all club coaches participate, while three coaches are trained to be mentors by an Advisor Coach. We have done a good portion of the work for the new mentors.

In 2015, I AM Volleyball Club was the first club to take part as a guinea pig in the 3C program. According to Master Coach BJ LeRoy, who is helping write the manual for the 3C program, "The I AM folks were excellent. They wanted all the tips and critiques they could get and were happy to have us there. We all learned some new things last night."

Mentor information comes from the latest High Performance clinics, and other USA Volleyball Education resources that are hard to attend in person. Please consider claiming a clinic just as the season starts to get underway.

Contact BJ LeRoy ([4bjleroy@gmail.com](mailto:4bjleroy@gmail.com)) or the Badger Region Office for more information. For the full 3C website being started by the Region, go to: <http://badgervolleyball.org/coaches-coaching-coaches/>

## Online modules replace club director meeting

The Badger Region office has been busy working on many things, and one of these things is how to be more efficient.

This year, we are going to try something different. Instead of holding an in-person Junior Club Director meeting like we have in the past, it is going to be online in an On-Demand format. We're still working out the details but wanted to get at least this information out to you as many of you are asking about the date of the meeting.

We'll know more details in the coming weeks, but the idea is to have some short modules (like a Volleyball Ref Training course) that you (and anyone listed as a club director with your opera-

tion) will need to take prior to registering your club (and us listing you on the website, issuing insurance certificates, accepting team fees, etc.).

These modules will cover rule changes/points of emphasis from the officiating division, reminders from the office and other areas that we feel need reminding/refreshing from the questions and/or issues that arose from an office standpoint throughout the year. If you have any topics that you would like covered, please let me know.

Voting for the Junior Rep to the Badger Region Board of Directors (one-year term, both voice and vote on the Board of Directors) and the girls and

boys reps (one-year term, only voice on the Board of Directors) will be done via SurveyMonkey in early August.

If you or someone you know is interested in running for any of these positions, please contact Jen Armson-Dyer at [jarmsondyer@badgervolleyball.org](mailto:jarmsondyer@badgervolleyball.org). Voting for the Junior Rep will be done first if there is more than one candidate, to give the non-winning candidate the opportunity to run for the girls/boys rep position.

The modules must be done before directors register their club for the year (or get listed on the website, get insurance, pay team fees, etc.)

# One big volleyball family

Playing for your local volleyball club makes you a part of a MUCH, MUCH bigger network of volleyball players, coaches, directors, officials and more. Take a look of how we're all connected:

## USA Volleyball



USA Volleyball (USAV) is the National Governing Body (NGB) for the sport of volleyball in the United States and is recognized as such by the Federation Internationale de Volleyball (FIVB) and the United States Olympic Committee (USOC). The vision of USA Volleyball is to be acknowledged as the world leader in volleyball. USA Volleyball uses its 40 regions (like the Badger Region) to help implement its vision to players, coaches, sitting athletes, officials and other administrators of the sport.

USA Volleyball operates girls, boys, adult, High Performance and beach nationals to accommodate athletes of all ages and ability levels. It is also the source of numerous education resources such as IMPACT, CAP, SafeSport and officials training that is filtered down to the various member regions.

USAV is a separate organization from both the Junior Volleyball Association (JVA) and the Amateur Athletic Union (AAU). However, many (not all) of the athletes/coaches in JVA and AAU are also members of USAV.

USA Volleyball also oversees the teams that compete at the Olympics (men's, women's, sitting, beach).

## Badger Region Volleyball Association

Badger Region Volleyball Association is a non-profit membership organization dedicated to providing a high-quality volleyball experience to its members. As seen in last week's Badger Beacon newsletter, the Badger Region is made up of a Board of Directors elected by its members, five staff members and numerous advisory board members. The Board votes on and enforces the policies enacted by USA Volleyball and those unique to the Badger Region.

The Badger Region staff works to develop programming to enhance the experience of the junior clubs, adult clubs, officials, tournament directors and other members that the Region serves. The Badger Region staff works as a liaison between the various members and USA Volleyball, helping with registration (via Webpoint) and education (for coaches, players and officials). It also looks for opportunities to assist in the growth of the sport, especially among under-served groups.

The Badger Region also operates its own High Performance team (that competes against National High Performance teams) and its own Premier Volleyball League (PVL) team that competes at the Adult Championships.



## Junior/Adult Clubs

In the 2015-16 season, there were over 150 junior clubs registered in the state of Wisconsin (with about 20 of them being satellites of another club already established somewhere in the Badger Region) and about 20 adult volleyball clubs.

Each club is its own entity or business — many of which are non-profit organizations or other recognized IRS group. Philosophies on coaching, playing time, tournaments attended and costs to participate in a club are set at the club level.

The various clubs throughout the state are required to have IMPACT certified coaches with current background screenings, SafeSport trained coaches and have all athletes prepared to score-keep, linejudge and officiate matches if needed.

Directors work with tournament directors to relay schedules and other tournament information (i.e. costs, parking, concessions, etc.)

Costs for jerseys, tryouts, travel and such are often determined by a club's board of directors, president or other administrators set up by the organization. Clubs must file the correct paperwork with Badger Region to be a region-recognized group.

With an athlete or coaching membership in Badger Region, you get full access to all the great resources mentioned on this page.

## Officials

Every official at a Badger Region-sanctioned tournament must be a member of USA Volleyball and have a current background screening.

Officials work closely with tournament directors and coaches to ensure that events run smoothly in accordance with the rules published in the Domestic Competition Regulations, the rulebook established by USA Volleyball.

Officials are assigned by the Region's Officials Assignor (Larry Schoenick) and work with the Officials Chair (Jim Momsen) and Officials Rating/Training Chair (Julie Voeck) to get the proper training to ref the tournaments in the Badger Region.

There are multiple levels of officials within each Region, ranging from Provisional all the way up to International.

## Tournament Directors

Tournament directors organize, market and facilitate events throughout the state. To be a recognized Badger Region-sanctioned event, the director must ensure the tournament operates according to Badger Region tournament guidelines (see our website). Tournament directors must be members of the Region and have background screenings to perform their duties.

Tournament directors report to the Badger Region Tournament Director (Terry Paulson) with results, problems and highlights from their respective competitions.

# Athletes: You are what you eat (sort of)

*The Badger Beacon asks each board member to submit an article for publication twice per year to let members know what they envision as best practices for the organization. This week's column is from Independent Representative Angela Lubach*

As difficult as playing a sport is competitively, I consistently see athletes (particularly young athletes in middle or high school) eating unhealthy snacks and meals at tournaments.

Whether it's pizza, chips, soda or candy bars, I often cringe when I see their chosen snack in the



**Angela Lubach**

middle of a long tournament. Almost worse is when I hear that they have not eaten at all before starting to play.

To be at your best, you need to have a balanced diet that includes the proper fuel for your body.

The good news is that it doesn't need to be complicated. The key is to include some of each food group at all meals, and have a few snacks in your bag that don't need refrigeration.

Some ideas for healthy snacks are:

- \* fresh fruit (apples, oranges or bananas are great options)
- \* small servings of granola or trail mix



(make sure there isn't a large amount of added sugars in this—sometimes the calories can really add up and you don't want to have a sugary snack during competition)

- \* peanut butter on one piece of whole wheat bread

- \* unsweetened apple sauce cups with a small handful of almonds

- \* hard-boiled egg and a bit of cheese (so long as you're not playing in an outdoor tournament where the egg will get warm and cheese will melt, of course!)

Really, you're only limited to your imagination and some basic knowledge on nutrition. There are vegetables (think baby carrots and snap peas) that are wonderful and filling

snacks—just skip the heavy ranch dressing and opt for hummus or a lighter dip to dress it up a bit.

Of course, you're going to want to assure you have a solid breakfast before playing and a nice lunch (sub sandwich on wheat is a great choice) if it's an all-day outing. Certainly you're going to need to watch out for any allergies, but there are a lot of options to pick from.

I have found the biggest issue is planning ahead. If you are prepared and are willing to be a little creative, you can really eat healthy and not feel weighed-down by your food choices or have those sugar-spikes from eating candy and crunchy chips.

I know that is where I struggle—if I don't pack my lunch for the day I will make poor selections on nutrition and pick something from a vending machine that is unhealthy or hit a drive-thru because it's fast and easy.

So, think about your next practice, match or tournament and make a plan ahead of time! You'll avoid getting too hungry or tired and feel so much better during the day.

Here's to healthy snacking!

## Badger Region announces dates for winter CAP clinics

The Badger Region Volleyball Association will host a Coaching Accreditation Program (CAP) clinic Dec. 2 and Dec. 3 in the state of Wisconsin.

A site will be announced at a later time, but it is worth putting on your calendars now if you are seeking CAP I or CAP II certification.

This year's cadre includes Marouane Jafir, Eric Hodgson, Don Burroughs, and Bill Neville

### What is CAP?

The USA Volleyball Coaching Accreditation Program (USAV-CAP) provides an opportunity for professional preparation and advancement for the volleyball coach. The curriculum addresses the essential topics for all coaching levels (from the volunteer to the internationally



From left, Marouane Jafir, Eric Hodgson, Bill Neville and Don Burroughs

aspiring coach).

Each course level includes a special emphasis on building the foundation and creation of a well-prepared coach. This knowledge, coupled with hands-on coaching experience, creates an ideal learning experience. USAV-CAP has been helping coaches further their coaching education for the past 17 years.

This program assists in meeting the primary objective of the 1978 Amateur Sports Act,

which is responsible for allowing the National Governing Body of Volleyball to provide and coordinate technical information on physical training, equipment design and performance analysis. USAV-CAP addresses one-third of these directives within its daily activities.

### Philosophy

Any player who enters a volleyball program has the right to expect quality coaching and

instruction. USA Volleyball's CAP program strives to present an on-going, progressive format in which coaches at all levels receive the most current information available on volleyball. CAP instruction is based on sound principles in the areas of skills development, tactical systems, physical training, motor learning, sports psychology and administration.

CAP is intended to provide coaching standards for those administrators employing coaches to have a valid means for measuring the qualifications of a given volleyball coach. It is a continuous education process due to the dynamic nature of sport and technology. The four solid corners of the program are integrity, education, commitment and enthusiasm. These are the qualities of any successful coach and program.

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262-349-9785 (office)

**Fax:** 262-349-9971

**The Badger Region Volleyball  
Association promotes initiatives  
for safe, structured and fun  
life-long volleyball experiences!**

If you (or you or your organization)  
would like to advertise in a  
future Badger Beacon, contact  
Brian Sharkey at the phone  
number or email address above.

### More online:

[www.badgervolleyball.org](http://www.badgervolleyball.org)

**Twitter:** @BadgerRegionVB

### Facebook:

Badger Region Volleyball

**Pinterest:** BadgerRegionVol

**Instagram:** BadgerRegionVB

## Badger Region Volleyball Association

# CALENDAR OF EVENTS



**Have you heard? The dates of the Badger Region Championships have been announced. Check them out below.**

**Sept. 17:** Center Court Open House where parents and athletes can meet clubs and coaches at this popular, informal setting in Waukesha. Time is from noon to 3 p.m.

**Sept. 17:** Badger Region Board of Directors meeting at 3 p.m. at the office in Pewaukee

**Oct. 7:** First day that girls 14-and-under can begin tryouts for their club teams in the Badger Region. (The same-club commitment date is Oct. 10, and new-club commitment date is Oct. 12)

**Nov. 5:** IMPACT clinic starting at 8:30 a.m. at Center Court in Waukesha.

**Nov. 11:** First day that girls 15-and-older can begin tryouts for their club teams in the Badger Region. (The same-club commitment date is Nov. 14, and the new-club commitment date is Nov. 16.)

**Nov. 18:** First day that boys can begin tryouts for their club teams in the Badger Region. (Boys 14-and-under can begin Nov. 17). The same-club commitment date is Nov. 21, and the new-club commitment date is Nov. 22.

**Dec. 2-3:** Badger Region Coaching Accreditation Clinic in Wisconsin (site TBA). See the story on Page 7 as to which coaches will be leading the clinic.

**Dec. 3:** IMPACT clinic starting at 8 a.m. at the University of Wisconsin-Eau Claire

**Dec. 9:** IMPACT clinic starting at 8:30 a.m. at Center Court in Waukesha.

**Dec. 9:** IMPACT clinic starting at 8:30 a.m. at the Sports Advantage Center in Ashwaubenon.

**Jan. 4:** Tournament registration for Badger Region Qualifiers, Championships and Dale Rohde Memorial Tournament open at 7 a.m.

**Feb. 24-25:** Badger Region Qualifier for G17s and G18s (Site: TBA)

**March 10-11:** Badger Region Qualifier for G12-G16 (Site: TBA)

**March 17-18:** First weekend of Badger Region Championships (G12, G13, G16 and Boys Divisions) at the Wisconsin Center in downtown Milwaukee

**March 24-25:** Second weekend of Badger Region Championships (G11, G14, G15) at the Wisconsin Center

**April 7-8:** Third weekend of Badger Region Championships (G17 and G18) at the Wisconsin Center

**April 7:** Adult Badger Region Championships at the Wisconsin Center

**April 8:** Dale Rohde Memorial Boys Volleyball Tournament at the Wisconsin Center

**April 12-15:** NCVF (college club) National Championships in St. Louis, Mo.

**April 27-29:** Girls 18-and-under National Championships in Anaheim, Calif.

**May 25-30:** Adult Open National Championships in Dallas, Texas

**June 25-July 4:** Girls Junior National Championships for athletes 17-and-under in Detroit, Mich.

**July 2-9:** Boys Junior National Championships in Phoenix, Ariz.

**July 24-28:** USA Volleyball's High Performance Championships in Tulsa, Okla.



*Have a great story idea or person you want featured in the Badger Beacon?  
Email Brian Sharkey at [brian@badgervolleyball.org](mailto:brian@badgervolleyball.org).*



# How is the Badger Region Board structured?

The Badger Region Volleyball Association is governed by a Board of Directors that must be elected by members on a regular basis. Area reps serve three-year terms, while members of the executive board serve four-year terms.

Members, whether they are players, coaches, parents, directors, athletic trainers or officials, are encouraged to communicate with their respective representative if they

think policies or financial decision in the Region need to be changed.

Some policies enforced by Badger Region come from USA Volleyball, our sport's national governing body, so those can't be changed. But many others can.

The Board is advised by a 11 chairpersons (or experts) in various parts of the game, and five staff members (some of which have multiple responsibilities).

The state is divided into five parts geographically for representation. Plus, there are two at-large board members who you can approach if you don't feel comfortable with your current rep. And there is a rep dedicated just to issues that surround our Junior volleyball clubs and athletes.

You'll be hearing from each Board member twice a year in the form of a column in the Badger Beacon. Now, let's meet them:

**Julie Voeck**  
(Commissioner/President)  
Elected in 2016  
Email: jvoeck@attglobal.net

**Jim Momsen**  
(Associate Commissioner/VP)  
Elected in 2015  
Email: jkmomsen@yahoo.com

**Anne Slattery**  
(Treasurer)  
Elected in 2014  
Email: arslatts@gmail.com

**Kim Wudi**  
(Secretary)  
Elected in 2017  
Email: wudikm@uwec.edu

**TBA**  
(Northwest Rep)  
Appointed in 2017  
Email: TBA

**BJ LeRoy**  
(Northwest Rep)  
Elected in 2016  
Email: 4bjleroy@gmail.com

**Paul Schlomer**  
(Southwest Rep)  
Elected in 2016  
Email: pschlomer@edgewood.edu

**Holly Vogelsang**  
(Southeast Rep)  
Elected in 2016  
Email: hvogelsang15@gmail.com

**Pati Rolf**  
(Metro Milwaukee Rep)  
Elected in 2014  
Email: pati.rolf@gmail.com

**Scott Blackmon**  
(At-Large Rep)  
Elected in 2014  
Email: scottblackmon@gmail.com

**Kelly Lehman**  
(At-Large Rep)  
Elected in 2015  
Email: kellylehman@wi.rr.com

**Heather Curley**  
(Junior Rep)  
Elected in 2016  
Email: revolutionwi@yahoo.com

**Angie Lubach**  
(Independent Rep)  
Appointed in 2015  
Email: Angela.lubach@yahoo.com

Individual chairs and advisors who offer input to the Board of Directors but don't have authority to vote at meetings:

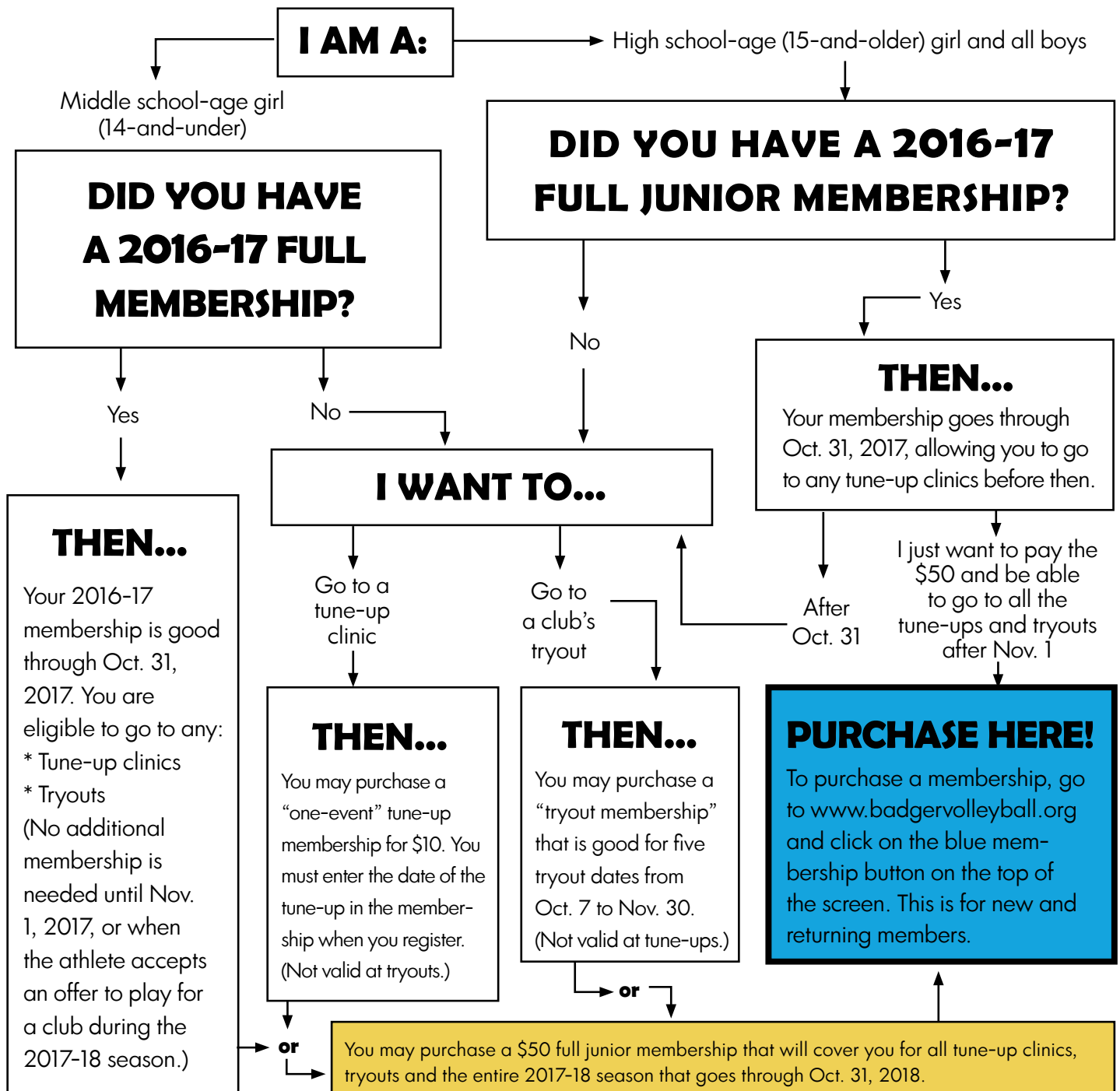
**Financial Chair:** Anne Slattery  
**Junior Girls Chair:** Ruth Leitzke  
**Junior Boys Chair:** Jake Nowak  
**Referee Chair:** Jim Momsen  
**Score Chair:** Nancy Paulson  
**Adult Chair:** BJ LeRoy

**Boys HP Chair:** Brian Sharkey  
**Girls HP Chair:** Paul Schlomer  
**Beach Chair:** Bill Petersen  
**Officials Assigner:** Larry Schoenick  
**Officials Rating/Training:** Julie Voeck

**REGION STAFF**  
**Director of Operations:** Jennifer Armson-Dyer  
**Program Director:** Brian Sharkey  
**Operations Manager:** Scott Spiess  
**Tournament Director:** Terry Paulson  
**Program Specialist:** Sara Voigt

# JUNIOR MEMBERSHIPS

Sorting through the list of available memberships in the Badger Region can be a bit confusing based on what time of year it is and whether or not an athlete has participated during the previous club volleyball season. To help navigate selecting a junior membership, use our “Choose Your Own Adventure” and we’ll make sure you get the membership you need. If you ever have questions about which membership is right for a junior athlete, coach, club director or adult player, email [membership@badgervolleyball.org](mailto:membership@badgervolleyball.org) or call 262-349-9785.



# MID-CITY *Sports*

“WE COMPETE”

**THE PREFERRED  
ADIDAS PROVIDER  
FOR BADGER REGION  
VOLLEYBALL CLUBS**

**TALK TO US ABOUT ALL  
YOUR TEAM UNIFORM AND  
SPIRITWEAR NEEDS!**



# A tangled ~~net~~<sup>web</sup> of software and sites

It's not easy keeping track of the variety of websites, software, programs and databases the volleyball world uses to track registrations and certifications for all of its teams, members, officials, players and coaches.

Without the assistance of these multiple electronic tools, managing the pieces of the

volleyball world would be a logistical nightmare and require more paper and filing than we care to even think about.

It's amazing how we got along before computers, cellphones and databases. Let alone, Instagram.

So, here's a quick look at some of the big

digital apps we use to help manage all of this information that is vital to the well being of the Badger Region and USA Volleyball.

Want links to any of these resources?

You can find everything you need at [www.badgervolleyball.org](http://www.badgervolleyball.org) and it's all sorted for you in our tabs there.

